

# Testify.

Russ Stapleton : Don't Let Yesterday Rob You of Today : MANUP.co

***“Let the redeemed of  
the Lord tell their Story.”***

Psalm 107:2

## **Russ Stapleton:**

### **Don't Let Yesterday Rob you of Today.**

*“I contend that most, if not all of us,  
carry memories that will never elicit  
anything but shame and regret.”*

#### **Proverbs 28:13**

Whoever conceals their sins does not prosper, but  
the one who confesses and renounces them finds mercy.

### **5 Things our Yesterday Robs.**

- Yesterday takes our joy  
and replaces it with shame.
- Yesterday takes our peace  
and replaces it with fear.
- Yesterday takes our opportunity  
and replaces it with blame.

- Yesterday takes our relationship with others and replaces it with isolation.
- Yesterday takes our relationship with God and replaces it with feelings of failure and being unworthy.

## How do we combat these?

- The truth about what I have done.

**John 8:32**

And you will know the truth, and the truth will set you free.

- The truth about what has been done for me.

**1 John 1:9**

If we confess our sins to him, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.

**2 Corinthians 5:17**

Anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun!

*“Experiencing personal forgiveness for personal sin is often the Starting Point for personal faith.”*

*- Andy Stanley*

*You don't need to tell EVERYONE*

*But you need to tell SOMEONE.*

## **Call to Action.**

- Find a small group to do life with and give it time.
- Have an accountability partner and give them permission to speak the truth.
- Ask you accountability parter to encourage you.
- Give it to God and wait on the Lord.

**Q: Who are you today?**