

MANO 

[ADAM : SESSION 1 : ENJOY GOD]

— I AM A MAN —

I am *created* to enjoy God
blessed to bless others
placed to work hard
called to crush evil
and *sent* to do good.

ENJOY GOD

"I am created to ENJOY GOD."

Genesis

^{1:1} In the beginning **God created** the heavens and the earth...

^{1:26} Then God said, "Let us make man (*'adam - to be alive*) ***in our image, to be like us.*** And let them ***have dominion*** over the fish in the sea, the birds in the sky, the livestock, all the wild animals on the earth, and the small animals that scurry along the ground."

^{2:7} Then the LORD God formed the man from the dust of the ground. He breathed the *breath of life* into the man's nostrils, and the man became a **living being**.

Enjoy God by enjoying LIFE.

1 Tim 6:17 - "God gives us all things to enjoy."

John 10:10 - "My purpose is to give them Life to the fullest."

Truth : God is the CENTER of all Life.

Q : Are you enjoying the Life God gave you?

^{2:18} Then the LORD God said, "**It is not good for man to be alone. I will make a helper who is just right for him.**"

^{2:21} So the LORD God caused the man to fall into a deep sleep. While the man slept, the LORD God took out one of the man's ribs (from his side) and closed up the opening.

^{2:22} Then the **LORD God made a woman** from the rib, and he brought her to the man.

2:23 “At last!” the man exclaimed. “This one is bone from my bone, and flesh from my flesh! She will be called ‘**woman,**’ because she was taken from ‘man.’”

2:24 This explains why a man leaves his father and mother and is joined to his wife, and the two are united into one.

25 Now the man and his wife were both naked, but they felt no shame.

1:27 So **God created man** in his own image.

In the image of God he created them *male and female*.

1:31 Then God looked over all he had made, and he saw that it was **very good!**

Enjoy God by enjoying **COMMUNITY**.

Ecclesiastes 4:9 - “Two people are better off than one, for they can help each other succeed.”

Truth : It’s NOT GOOD for man to be alone.

Q : Who’s in your community?

2:3 And **God blessed the seventh day**

and declared it holy, because it was the day when he rested from all his work of creation.

Enjoy God by enjoying **REST**.

Psalms 46:10 - “Be still and know that I am God.”

Colossians 3:10 - “Know your creator and learn to become like him.”

Truth : Man is the ONLY creation that CHOOSES to enjoy God.

Questions and Actions.

Q: Are you **enjoying the Life** God gave you?
(*ex. worship, family, friends, work, hobbies, etc...*)

Q: How are you **practicing community** - and with who?

Q: How are you **practicing Sabbath** rest?

Prayer : “Hello God - it’s me _____.

Thank you for creating me to be like you and allowing me to share in your incredible Story. As we launch into this study, would you open my eyes and my heart to all you have for me. I’m excited about this journey and can’t wait to **LIVE ON PURPOSE**. Amen.”

Action : Write this Statement on a postcard and put it someplace you’ll see everyday this week . . .

“God is the CENTER of all Life.”

Notes.