

We Enjoy.

WE : Lesson 4 of 4 : MANUP.co



Matthew 19

⁴ Jesus said, "From the beginning God made them male and female. ⁵ This explains why a man leaves his father and mother and is joined to his wife, and the two are united into **ONE**."

Marriage is a Covenant to be Friends, Partners, and Lovers for Life.

WE do 4 things to Finish Strong.

- We **AGREE**.
We agree on the purpose, order, and covenant of marriage.
- We **SHARE**.
We share what we're doing, feeling, learning, and where we're going.
- We **WORK**.
We work together, work hard, and work for God's Glory.
- We **ENJOY**.
We enjoy time together, time alone, and time with friends.

10 Things We Enjoy.

1. Everyday Life.

Ecclesiastes 11:9 - It's wonderful to be young!
Enjoy every minute of it. Do everything you want to do; take it all in. But remember that you must give an account to God for everything you do.

2. A Good Meal.

Ecclesiastes 3:13 - People should eat and drink and enjoy the fruits of their labor, for these are gifts from God.

3. A Good Laugh.

Psalms 126:2-3 - We were filled with laughter and we sang with joy. Yes, the Lord has done amazing things for us! What joy!

Proverbs 17:22 - A cheerful heart is good medicine.

4. What We Have.

Ecclesiastes 6:9 - Enjoy what you have rather than desiring what you don't have. Just daydreaming about nice things is meaningless - like chasing the wind.

5. Love, Intimacy, and Sex.

Genesis 2:25 - Now the man and his wife were both naked, but they felt no shame.

Proverbs 5:15-19 - Drink water from your own well - share your love only with your wife. Why spill the water of your springs in the streets, having sex with

just anyone? You should reserve it for yourselves.
Never share it with strangers.

Let your wife be the fountain of blessing for you.
Rejoice in the wife of your youth. She is a loving deer,
a graceful doe. Let her breasts satisfy you always.
May you always be captivated by her love.

1 Corinthians 7:3-5 - The husband should fulfill his
wife's sexual needs; and the wife should fulfill her
husband's needs. The wife gives authority over her
body to her husband, and the husband gives authority
over his body to his wife. Do not deprive each other
of sexual relations.

6. Time Together.

Psalm 128:1-6 - How joyful are those who fear the
Lord - all who follow his ways! You will enjoy the fruit
of your labor. How joyful and prosperous you will be!
Your wife will be like a fruitful grapevine, flourishing
within your home. Your children will be like vigorous
young olive trees as they sit around your table.

That is the Lord's blessing for those who fear him.
May you live to enjoy your grandchildren.

7. Time Alone.

Genesis 2:2 - On the seventh day God had finished
his work of creation, so he rested from all his work.

Exodus 34:21 - You have six days each week
for your ordinary work; but on the seventh
day you must stop working, even during
the seasons of plowing and harvest.

Luke 5:16 - But Jesus often withdrew
to the wilderness for prayer.

8. Time With Friends.

Romans 12:13 - Always be eager to practice hospitality.

Acts 2:46 - They worshiped together at the Temple each day, met in homes for the Lord's Supper, and shared their meals with great joy and generosity - all the while praising God and enjoying the goodwill of all the people.

Proverbs 11:25 - The generous will prosper; those who refresh others will themselves be refreshed.

9. The Season We're In.

Ecclesiastes 3:1,11 - For everything there is a season, a time for every activity under heaven. God makes everything beautiful in his time.

10. The Season That's Coming.

Galatians 6:8-9 - Those who live to please the Spirit will harvest everlasting life from the Spirit. So let's not get tired of doing what is good. For in due season, you'll reap a harvest if you don't give up.

Isaiah 3:10 - Tell the godly that all will be well for them. They will enjoy the rich reward they have earned!

Take Action.

- What # do you need to work on? _____
- List 2 things you can DO to make your marriage, family, and home more enjoyable:
