Learning to Trust.

Testify: John Parker: MANUP.co

"Let the redeemed of the Lord tell their Story."

Psalm 107:2

Proverbs 3:5-7

⁵ Trust the Lord completely, and don't depend on your own knowledge. ⁶ With every step you take, think about what he wants, and he will help you go the right way. ⁷ Don't trust in your own wisdom, but fear and respect the Lord and stay away from evil. ⁸ If you do this, it will be like a refreshing drink and medicine for your body.

What is Trust?

- Firm belief in the reliability, truth, ability, or strength of someone or something.
- Synonyms: confidence, belief, faith, freedom from suspicion or doubt, sureness, certainty, assurance, reliance.
- ▶ Trust is mentioned 191 times in the Bible.

Things we Trust Every Day.

- The CHAIR you're sitting in right now.
- The <u>CAR</u> you drive.
- Your <u>BOSS</u>.
- Your <u>FAMILY</u>.
- The MARKETPLACE.

We don't have a Trust problem
We have a <u>VISION</u> problem.

We only trust what we can see, hear, or feel.

Don't Trust in These:

1. Don't Trust YOURSELF.

Proverbs 28:26

Whoever trusts in his own mind is a fool, but he who walks in wisdom will be delivered.

2. Don't Trust OTHERS.

Micah 7:5-7

Don't trust anyone - not your best friend or even your wife!
For the son despises his father. The daughter defies her mother.
The daughter-in-law defies her mother-in-law. Your enemies are right in your own household! As for me, I look to the LORD for help. I wait confidently for God to save me, and my God will certainly hear me.

3. Don't Trust Your Own POWER.

Psalm 44:6-7

I don't put my trust in my bow. My sword cannot save me. You are the one who saved us from our enemies. You are the one who put our enemies to shame.

4. Don't Trust MONEY.

Proverbs 11:28

Those who trust in their riches will fall like dead leaves, but good people will blossom.

What can you Trust?

You can trust GOD.

Why you can Trust God.

1. He <u>KNOWS</u> and <u>SEES</u> Everything.

Psalm 139:1-7

You know all about me.

You know when I sit down and when I get up.

You know my thoughts from far away.

You know where I go and where I lie down.

You know everything I do.

You know what I want to say,

even before the words leave my mouth.

You are all around me - in front of me and behind me.

Your Spirit is everywhere I go. I cannot escape your presence.

2. He never <u>CHANGES</u>.

Hebrews 13:8

Jesus Christ is the same yesterday and today and forever.

3. He never FAILS.

Psalm 9:10

And those who know your name put their trust in you, for you, O Lord, have not forsaken those who seek you.

4. He LOVES you.

Jeremiah 29:11-13

I know the plans that I have for you. I have good plans for you. I don't plan to hurt you. I plan to give you hope and a good future. Then you will call my name. You will come to me and pray to me, and I will listen to you. You will search for me, and when you search for me with all your heart, you will find me.

How you can Trust God.

1. FOCUS on Him.

God > You > Family > Others

Mark 12:30-31

You must love the Lord your God with all your heart, all your soul, all your mind, and all your strength . . . Love your neighbor as yourself.

2. TALK to Him.

Colossians 3:16-17

Sing psalms, hymns, and spiritual songs with thankfulness in your hearts to God. Everything you say and everything you do should be done for Jesus your Lord. And in all you do, give thanks to God the Father through Jesus.

3. REST in Him.

Psalm 46:10

Be still, and know that I am God. I will be exalted among the nations, I will be exalted in the earth!

4. WORSHIP Him.

Psalm 28:7

The Lord is my strength and shield. I trusted him with all my heart. He helped me, so I am happy. I sing songs of praise to him.

Q: Where is your Trust?