



Day 2: Rediscover Delight

Psalm 1:2

But his delight is in the law of the Lord...

Notice something important in this verse. It doesn't say the blessed person has a **duty** toward God's Word. It says he has a **delight**. The Hebrew word here carries the idea of deep pleasure and affection. It's the kind of joy someone feels when returning to something they love.

The most powerful spiritual habits are not sustained by obligation... they are sustained by **affection**. What you delight in, you return to. If reading Scripture feels like a burden, it may simply mean we need to **rediscover the beauty of hearing God speak**. God's Word is not meant to be merely studied — it is meant to be **treasured**.

Illustration:

Think about food preferences. When I was looking for a way to naturally correct my sugar imbalance rather than rely on medication, I made up my mind to change some things I had developed a taste for — like sweet tea. I began drinking unsweet tea instead. At first, it was purely a discipline. But over time, something interesting happened. My taste changed. Now it's something I thoroughly enjoy and one of my favorite drinks. **It's no longer just about discipline... it's something I take delight in consuming.**

Application:

The same thing happens spiritually. **When we develop a taste for God's Word, the noise of the world begins to lose its hold on us.**

Action Steps:

1. Today, try something simple. Instead of rushing through Scripture, slow down. Read a few verses and ask God: *"Lord, what are You saying to me today?"*
2. Consecration is not just removing the wrong voices — it is **learning to love the right one.**