

Day 1: Guard the Ears

Psalm 1:1

Blessed is the man that walketh not in the counsel of the ungodly...

Psalm 1 opens with a powerful reminder: **the battle for your life begins with the battle for your ears**. Before actions are ever taken, influence is received.

David describes a downward progression in Psalm 1:

- Walk in the counsel of the ungodly.
- Stand in the way of sinners.
- Sit in the seat of the scornful.

It starts with **listening**. Then it becomes **lingering**. Eventually it becomes **belonging**. The enemy understands something many people forget: **whoever has your ear will eventually shape your life**.

This is exactly how the serpent approached Eve. He didn't begin with a command. He began with a **conversation**. Today we live in a world full of voices — news feeds, social media, opinions, culture, pressure. None of those voices are neutral. **They are all trying to shape how we think**. BUT the blessed life begins when we learn to **guard what influences us**.

Illustration:

Imagine standing on one of those moving walkways in an airport that is going the wrong direction. You don't even have to walk. If you simply stand there long enough, it will carry you away from where you intended to go.

Spiritual drift works the same way. **You don't have to run toward compromise**. Sometimes all it takes is **standing still around the wrong voices**.

Application:

Consecration often begins with something simple like... **quieting the voices that compete with God's voice**.

Action Steps:

1. Take a moment today to ask yourself: **What voices are shaping my thinking?**
2. Intentionally make space to hear God's voice again.