Adult Training Seminars
Series: Life in the Spirit: A Study on the Holy Spirit as our Helper



The Law of the Spirit

Sunday, September 21, 2025 Jaramy Hamao							
Prop	Proposition: In looking at Romans 8:1-2 and various texts, we will see two truths regarding the Law of the Spirit: First, what does it mean that there is now no condemnation for the believer, and second, what makes						
Spirit							
the L	aw of the Spirit o	at Romans 8:1-2 and various texts, we will see two truths regarding the Law of the t mean that there is now no condemnation for the believer, and second, what makes life different than the Law of sin and death. for the Believer? (Rom 8:1) Romans 7:14-25 and answer the following questions: to a believer or an unbeliever? Why do you lean one way or the other? passage teach about the ongoing presence of sin in a believer's life?					
I.	No		for the Believer? (Rom 8:1)				
Table	Discussion: Stud	ly Romans 7:14-25 and an	swer the following questions:				
1	1. Is Paul referring to a believer or an unbeliever? Why do you lean one way or the other?						
2. What does this passage teach about the ongoing presence of sin in a believer's life?							
	A. Unde	rstand the	that				
	Face	Because of Sin (Rom 7:	:14-23)				

The War Within					
	The Spiritual Man	The Flesh			
v. 14	Law is spiritual	He is of flesh			
v. 15	He knows what he would like to do	He does the very thing he hates			
v. 16	Law is good	He does the very thing he does not want to do			
v. 17	In his flesh, he sins	The sin that dwells in him does what he hates			
v. 18	He is willing to do what is good	He does not do what is good			
v. 19	He wants to do good	He practices the very evil he does not want			
v. 20	He does not want to do evil	The sin that dwells in him does evil			
v. 21 He wants to do good		Evil is present in him			
v. 22-23	He joyfully agrees with the law of God	He is a prisoner of the law of sin in his body			

B.	Understand the	that
	Are Set Free From (Rom 7:24-25)	



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II. Table	Law of the	vs. Law of law of the Spirit? How is it diffe	erent than the law of sin and of death?
Table	A. The	el 36:25-27. What does God pror	of the Holy Spirit (Ezek 36) mise here through the Holy Spirit?
"The	Spirit is the Spirit of l	ife because he is the Spirit of (life to all who come to Ci	God who is the living God. And he gives hrist."¹
	B. The		of the Holy Spirit (2 Cor 3) tice are the differences between the Old

"I thank God with all my heart that since my conversion I have never known what it is to be out of the seventh of Romans, nor out of the eighth of Romans either: the whole passage has been solid truth to my experience. I have struggled against inward sin, and rejoiced in complete justification at the same time."²

¹ Gordon Fee, God's Empowering Presence, (Peabody, MA: Hendrickson Publishers, 2001), 525-26

² C. H. Spurgeon, "In Christ No Condemnation," in *The Metropolitan Tabernacle Pulpit Sermons*, vol. 32 (London: Passmore & Alabaster, 1886), 469.