

How to Be Truly Happy

SEEK THE BLESSING OF GOD'S FORGIVENESS, Psalm 32

Pastor Dan Arcilla | PM Service | September 4, 2022 | Worship for Every Season: A Study in the Psalms | Sermon 1 of 12

What's the key to true happiness? There's a big difference between worldly happiness and godly happiness (blessedness).

A] First, you must **DEFINE** true blessing.

1 How blessed is he whose transgression is forgiven, whose sin is covered! 2 How blessed is the man to whom the Lord does not impute iniquity, and in whose spirit there is no deceit!

B] Avoid roadblock #1 to true blessing: **SILENCE**.

3 When I kept silent about my sin, my body wasted away through my groaning all day long.

C] Beware of when you **DISOBEY**: God **DISCIPLINES** you.

4 For day and night Your hand was heavy upon me; my vitality was drained away as with the fever heat of summer. Selah.

Application: **DON'T HIDE** from God. **Confess & repent.**

5 I acknowledged my sin to You, and my iniquity I did not hide; I said, "I will confess my transgressions to the Lord"; And You forgave the guilt of my sin. Selah.



Bottom line application: **REPENT NOW!**

6 Therefore, let everyone who is godly pray to You in a time when You may be found; Surely in a flood of great waters they will not reach him.

Application: **HIDE** in Christ! **Cling to His cross.**

7 You are my hiding place; You preserve me from trouble; You surround me with songs of deliverance. Selah.

C'] Be aware of when you **OBEY**: God **DISCIPLES** you.

8 I will instruct you and teach you in the way which you should go; I will counsel you with My eye upon you.

B'] Avoid roadblock #2 to true blessing: **STUBBORNNESS**.

9 Do not be as the horse or as the mule which have no understanding, whose trappings include bit and bridle to hold them in check, Otherwise they will not come near to you.

A'] Finally, you can **DELIGHT** in true blessing.

10 Many are the sorrows of the wicked, but he who trusts in the Lord, lovingkindness shall surround him. 11 Be glad in the Lord and rejoice, you righteous ones; And shout for joy, all you who are upright in heart! (Ps 32, NASB 1995)

Summary: Psalm 32 shows us that happiness is fleeting, but the path to true blessing comes from being right with God. This is only achieved only through Christ, and received through repentant confession of sin. Psalm 32 is an old testament expression of the doctrine of justification by faith, as Paul cites in Romans 4:1-8. Therefore, don't hide your sins, but immediately confess, repent, and forsake them. If you don't seek God's forgiveness to get this true blessing, then God says you're like a dumb mule. Don't be a dumb mule!

The many facets of sin, and God remedy for the sinner in Christ (Psalm 32)

Terms for sin (vs 1, 5)	What David did (5)	How God deals with it (v 1-2)
<p>TRANSGRESSION (32:1a) <i>Rebelliously crossing moral boundaries</i></p>	<p>Confessed</p>	<p>GOD FORGIVES <i>Carried up, lifted away</i></p> <p>Example - Leviticus 16:7 - Scapegoat</p>
<p>SIN (32:1b) <i>Knowing, but intentionally missing the mark</i></p>	<p>Acknowledged</p>	<p>GOD COVERS <i>To hide, conceal, clothe</i></p> <p>Examples -Adam & Eve – skins (Gen 3:21) -Ark - Mercy seat (Lev 16:14-15) -Christ - clothed in his righteousness</p>
<p>INIQUITY (32:2a) <i>Twisted, evil acts, perversity</i></p>	<p>Did not hide</p>	<p>GOD DOES NOT IMPUTE <i>To count, reckon, impute, devise</i></p> <p>Lev 1:4, Rom 4:1-8, 5:13</p>
<p>SPIRIT with DECEIT (2:2) <i>Trying to hide from God</i></p>	<p>Was honest</p>	<p>GOD FORGIVES GUILT (32:5)</p>

On what basis can the holy God forgive a sinner who rightfully deserves His justice and wrath? When you repent, confess, and forsake your sins and rest on Christ for your salvation, God imputes your sins to Christ, who died for them on the cross thus forgiving your sins, and then also imputes Christ's righteousness to you, to fulfill His righteousness demands (Romans 4:1-8).

Don't try to hide your sins, forsake them and hide in Christ!