

## The Need For Biblical Counseling Part 2

### I. We need ***biblical counseling*** because we have been warned in Scripture not to pursue human wisdom for our insights for living.

- A. We are warned in Scripture not to trust human wisdom for principles for living, understanding of human attitudes, motives, behaviors, and our solution for man's inner problems (problems that are non-organic in nature). See Psalm 1:1-2 and Colossians 2:8.
- B. We are warned in Scripture not to trust our own wisdom because we can be deceived by our own wisdom. See Proverbs 3:5-6; 14:12; 16:2, 25; 21:2, and Jeremiah 17:9.
- C. We are instructed in Scripture that God's wisdom is superior to man's wisdom. Therefore, man's wisdom should not be added to God's wisdom as solutions to man's inner problems (Problems that are non-organic in nature). See 1Corinthians 1:21, 25; 2:2-5, 3:20, and Isaiah 55:8-11.
- D. We are instructed in Scripture that God's wisdom is sufficient to counsel the inner Person (the immaterial aspect of man). See Psalm 119:24, 99, 100, Hebrews 4:12, and Psalm 19:7-11
- E. Consider these quotes from Dr. Heath Lambert
  1. In a biblical understanding, effective counsel always springs from a combination of an appropriate biblical strategy used by a counselor with an effective manner and received by a counselee who is willing to hear—all working under the grace of God. The Bible does not base counseling effectiveness on one independent variable but on a combination of variables. There is no reason for man to separate with research what God has joined together. In any event, the Bible never teaches that we must engage in empirical research to demonstrate the effectiveness of biblical ministry. This idea is actually grounded more in secular empiricism than in a belief in biblical authority. Empiricism teaches that something is not true until science has proven it to be true. Biblical authority teaches that something is true when God declares it to be true. Of course, knowing exactly what God declares to be true is often complicated. But in our effort to discern truth, God did not prescribe empirical research but gave us a Bible that serves as its own interpreter, a community of faith in which to understand the Bible, and pastors given the task of teaching." When the worldview of empiricism takes hold in the ministry of a counselor, it means death to the unique kind of counseling effectiveness that is grounded in faithfulness to the Scriptures.....What must God think when his people talk about the principles of his Word only after they have been filtered through secular psychology?"(Lambert, Heath. A Theology of Biblical Counseling: The Doctrinal Foundations of Counseling Ministry (pp. 88-89). Zondervan. Kindle Edition.)
  2. "To be clear, Christians are happy when empirical research demonstrates the truthfulness and effectiveness of the Bible. There are even some places where such information can advance the cause of Christ. But when counselors must demonstrate that everything God says has been empirically demonstrated to work, it undermines biblical authority by prizing the research that "proves" it to be true over God's authoritative statements that make it true. It makes empirical proof the authority instead of God's Word." (Lambert, Heath. A Theology of Biblical Counseling: The Doctrinal Foundations of Counseling Ministry (p. 89). Zondervan. Kindle Edition.)