

ADVOCATE

"ADVOCATE" WEEK 1 NOTES SEPTEMBER 10

KEY THOUGHTS

- 1 in 3 Americans have tattoos, avoid gluten, diet for weight loss, sleep less than 6 hours a night, get most of their news from facebook, opt to wear sunscreen, or skipped needed medical care last year because of cost.
- Here's something at least as painful: 34% of Americans feel lonely on a regular basis.
- Mother Teresa: "The most terrible poverty is loneliness, and the feeling of being unloved."
- Fiona Apple: "When you're surrounded by all these people, it can be lonelier than when you're by yourself. You can be in a huge crowd, but if you don't feel like you can trust anyone or talk to anybody, you feel like you're really alone."
- AW Tozer: "And we are lonely with an ancient and cosmic loneliness. So we try by every method devised by religion to relieve our fears and heal our hidden sadness; but with all our efforts we remain unhappy still, with the settled despair of men alone in a vast and deserted universe. **But for all our fears we are not alone.**"
- John 14:16 – Jesus told us the Father would send another Helper – the paraclete – One called alongside us – **WE ARE NOT ALONE**
- Our tendencies concerning the Holy Spirit:
 - Fear Him
 - Make everything about Him
 - Highlight only a part of what He does
- Where we will go in this series:
 - Who is the Holy Spirit?
 - What did the Holy Spirit do up until the ministry of Jesus?
 - What does the Holy Spirit do now?
 - What does it mean to "be filled with the Spirit"?
- Our deep desire during this series:
 - Be Biblical in our understanding.
 - Challenge our discomfort when talking about the Holy Spirit.
 - Give thanks for and embrace the work He wants to do in our lives.

SCRIPTURES

- John 14:16
- Romans 8:26

Practical & Reflection

- What is my first reaction to the thought of studying about the Holy Spirit? Why?