



KEY THOUGHTS

- Of all the areas where building margin is needed, most of us feel the need for margin in regard to our time. It's like tug-of-war with our fixed time.
- Jesus' words from the Sermon on the Mount – "And which of you by being anxious can add a single day to his life's span?"
- Or the Easy-to-Read Version – "You cannot add any time to your life by worrying about it."
- **In short, you can't beg, borrow, buy, labor steal or stress to get more time.**
- Some easy to see principles from the lifestyle of Jesus (found from gospel of Mark):
- **In my schedule, to put something in, I will take something out.**
 - Mark 1:35 - ...while it was still dark...
 - Jesus gave up something in order to build something
 - TO DO: How much truly "empty time" do I have during a day? How much other "choice time" do I have?
- **I won't let the urgent rob me of the important.**
 - Mark 1:36-38 - ...for that is what I came out for.
 - TO DO: Who do I trust to let me know if I'm allowing urgent things to rob me of what's most important? Set up a conversation!
- **I will sacrifice what is MUCH needed in light of what is MOST needed.**
 - Mark 6:46 - ...He departed to the mountain to pray.
 - TO DO: Top 5 things that are important to me? Where do these show up in my schedule? What am I willing to give up to gain those things?
- **Expect the unexpected.**
 - Mark 5:21-25
 - TO DO: As you look at the answers to the above questions, do you have margin built so that God can interrupt your schedule with things that are powerfully significant? If not, what will you carve out in order to build it?

SCRIPTURES

- Matthew 6:27
- Mark 1:35-38
- Mark 6:46
- Mark 5:21-25

PRACTICAL AND REFLECTION

- Make sure to take time to intentionally reflect on the questions in each of the "To Do" sections.