

## **KEY THOUGHTS**

- With all the Holy Spirit does in us, there are few commands:
- 1 Thessalonians 5:61-19 don't quench the Spirit
- Ephesians 5:18 be filled with the Spirit what does it mean to be filled with the Spirit?
- The following verses describe people who were filled with the Spirit:
  - Exodus 31:1 Bezalel the craftsman
  - Micah 3:8 the prophet Micah
  - Joel 2:28-29 the prophecy on God's Spirit being poured out (this is different) across mankind
  - Luke 1:41ff Elizabeth when Mary approached
  - Luke 1:67ff Zechariah
  - Acts 2:4 the filling of the apostles waiting at Pentecost
  - Acts 4:8 Peter
  - Acts 4:31 the apostles praying after Peter released
  - Acts 13:9-10 Paul
  - Acts 13:50-52 the disciples
  - Ephesians 5:18 again the command we are to DO THIS
- So what precisely IS the filling of the Spirit?
- 1. The filling of the Spirit is sometimes followed by physical effects. (speaking in tongues, joy, sense of peace, etc.)
- 2. The filling of the Spirit is sometimes followed by normal activity with greater Kingdom results. (Bezalel's craftsmanship, Mary's song, the testimony of the early believers speaking with boldness, etc.)
  - Cautions: Just because something "great" is happening doesn't means it's Spirit-led, and just because something "great" is NOT happening doesn't means it's not Spirit-led.
- 3. The filling of the Spirit is a saturation of Jesus in your life.
  - Much like a sponge is saturated with water, and that water comes out when it is squeezed.
- 4. The filling of the Spirit requires the emptying of something else.

## SCRIPTURES

- 1 Thessalonians 5:16-19 Ephesians 5:18 Exodus 31:1
- Micah 3:8
- Luke 1:41ff
- Luke 1:67ff

Acts 2:4 Acts 4:8 Acts 4:31 Acts 13:9-10 Acts 13:50-52

## **Practical & Reflection**

- What am I saturated with? What "comes out" when I am bumped or squeezed?
- What am I filled with, myself or my Lord?