

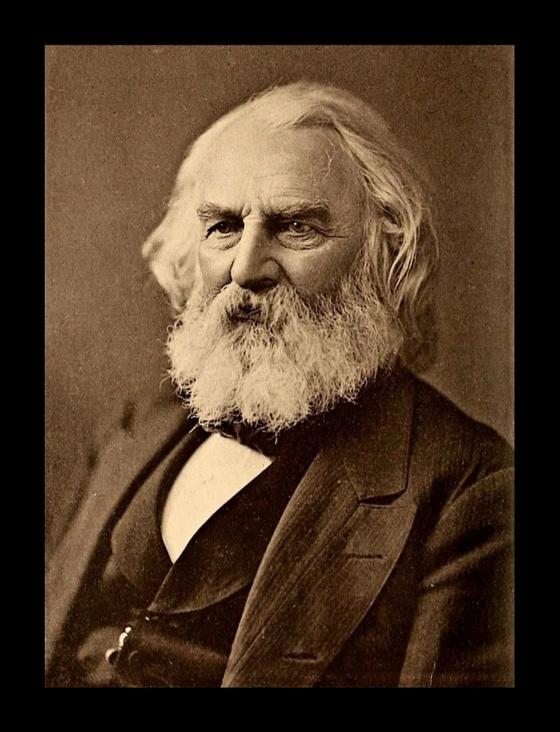
# Glory to God in the highest, and on earth peace, good will toward men.

Luke 2:14

For to us a child is born...and His name shall be called Wonderful Counselor, Mighty God, Everlasting Father, Prince of Peace. of the increase of His government and of peace there will be no end.

Isaiah 9:6-7a

Where is the peace?



"I bowed my head;
There is no peace on earth, I said;
For hate is strong,
And mocks the song
Of peace on earth, good-will to men."
- H. W. Longfellow

Peace isn't a feeling we pursue but a Spirit-led rhythm we receive in Christ — a rhythm that forms us into wholeness.

What does Jesus' peace really entail?

But now in Christ Jesus you who once were far off have been brought near by the blood of Christ. For he himself is our peace, who has made us both one and has broken down in his flesh the dividing wall of hostility

by abolishing the law of commandments expressed in ordinances, that he might create in himself one new man in place of the two, so making peace, and might reconcile us both to God in one body through the cross, thereby killing the hostility.

Ephesians 2:13-16

Since we have been justified through faith, we have peace with God through our Lord Jesus Christ.

Romans 5:1

Real peace begins with being made right with God through Christ.

Let not your hearts be troubled... Peace, I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid.

John 14:1, 27

I have said these things to you, that in me you may have peace. In the world you will have tribulation.

But take heart; I have overcome the world.

John 16:33

On the evening of that day, the first day of the week, the doors being locked where the disciples were for fear of the Jews, Jesus came and stood among them and said to them, "Peace be with you."

When he had said this, he showed them his hands and his side. Then the disciples were glad when they saw the Lord. Jesus said to them again, "Peace be with you."

As the Father has sent me, even so I am sending you." And when he had said this, he breathed on them and said to them, "Receive the Holy Spirit..."

Eight days later, his disciples were inside again, and Thomas was with them. Although the doors were locked, Jesus came and stood among them and said, "Peace be with you."

John 20:19-22, 26

And let the peace of Christ rule in your hearts...

Colossians 3:15a

### 1. Slow down to the pace of Jesus

Create small pockets of unhurried space.

Turn off the noise. Walk. Breathe.

Sit with Him.

Pray:
"Jesus, let Your peace rule in my heart today."

### 2. Spend time with the God of peace

Don't just seek a peaceful feeling seek the One who gives peace.

Sit with Him without agenda. Look for where He is already at work.

## 3. Resist the one that wants to trouble your heart

Name the lies.

Name the fear.

Say: "That doesn't get to lead my heart today."

Let Christ's peace, not fear, call the shots.

## 4. Accept that pain will come, but you will be okay & nothing is wasted

Christ is with you in it. He is forming you through it.

Let His presence reshape your perspective

#### 5. Make peace with others

Forgive.
Speak gently.
Take the first step toward reconciliation.

Let the peace Christ gave you flow toward others

You can't control how others respond, but you can control the peace you bring.

Let His peace rule your heart
