Prayer Cards

- 1. Select an index card for something you want to pray for.
- 2. Write the subject you wish to pray about on one side.
- 3. Write short phrases or bullet points of what you want to pray for on the other side (or same side, if you prefer). Be specific in your prayer requests, rather than general.
- 4. Write out Bible verses that speak to the person or that issue you're praying for, and pray the words of Scripture over them.
- 5. Flip through a few of the cards and pray. Making this practice a part of your quiet time with God each day, even if just for a few minutes, can bring new life to your desire to pray more consistently.

Below are suggestions for prayer cards. You can use as little or as many as you like:

- 4-10 cards for family cards (one for each person)
- 1-3 cards for people in suffering cards
- 1 friends card
- 1 non-Christian card
- 1 church's leadership card
- 1 community group card
- 1 missionary/ministries card

- 1-3 world or cultural issues cards
- 3 work cards
- 1 coworkers card
- 3-5 repentance cards (things I need to repent of)
- 3-5 hopes or big dreams card