

# ANGER

THE GOOD, THE BAD  
AND THE UGLY



Put off - Put on

What if we decided to "not get angry",  
to... "not get offended"?

## Eph 4:22-24

that **you put off**, concerning your former conduct, the old man which grows corrupt according to the deceitful lusts, and be renewed in the spirit of your mind, and that **you put on** the new man which was created according to God, in true righteousness and holiness.

Mercy!

## Micah 6:8

He has shown you, O man, what is good;  
And what does the Lord require of you  
But to do justly, To **love mercy**,  
And to walk humbly with your God?

Anger is judgmental by nature...

How can our displeasure with wrong become  
an expression of faith in God and then, an  
expression of love for people?

Mercy doesn't ignore wrong

1. Mercy refuses personal revenge

## 2. Mercy learns patience

## James 1:19-20

. But everyone must be quick to hear, **slow** to speak and **slow** to anger; for the anger of man does not achieve the righteousness of God.

Patience, by its very meaning, implies that what is wrong may not change right away.

## 2. Mercy chooses forgiveness

Forgiveness sees the wrong, names it, feels it,  
and then consciously acts "unfairly" in response  
to it (the wrong)

## Ps 103:10-12

He does not treat us as our sins deserve  
or repay us according to our iniquities.  
For as high as the heavens are above the earth,  
so great is his love for those who fear him;  
as far as the east is from the west,  
so far has he removed our transgressions from us.

The very wrong you have or are experiencing  
is the very thing you are called to forgive.

## 4. Mercy acts in charitable ways

## Luke 6:27-28

"But I say to you who hear, love your enemies,  
do good to those who hate you, bless those  
who curse you, pray for those who mistreat you.

## Luke 6:32-33

"If you love those who love you, what credit is that to you? For even sinners love those who love them. "If you do good to those who do good to you, what credit is that to you? For even sinners do the same.

## 4. Mercy pursues constructive love

Have the difficult conversation

Mercy is not a free pass