The background is a painting of a rugged coastline. In the foreground, there are dark, craggy rocks with some small, reddish-brown plants growing in the crevices. The middle ground shows a calm body of water reflecting the sky. The sky is a pale, hazy blue. The overall mood is somber and contemplative.

*Who
Cares?*

The change you can't fake

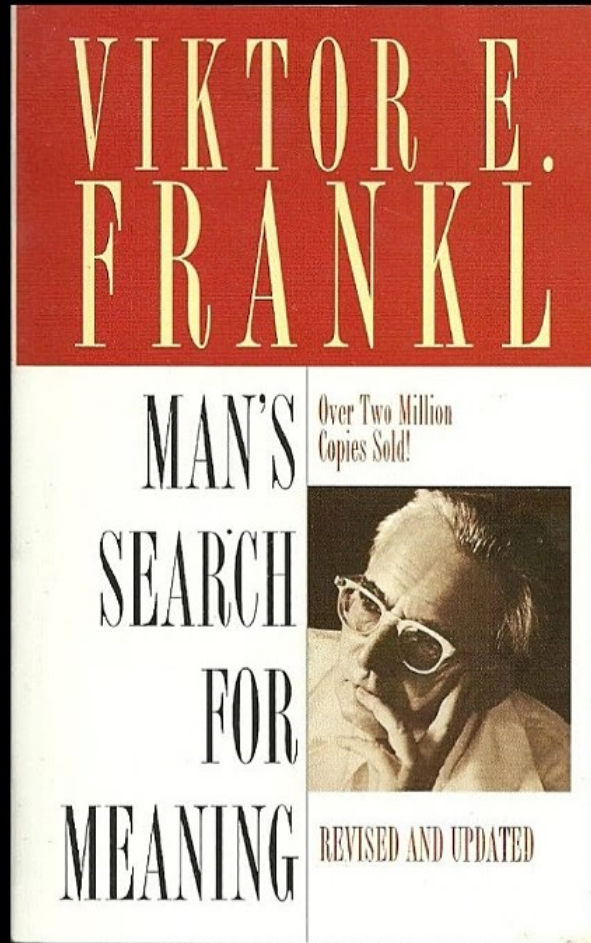
What happens when you have cared
and nothings changed?

We say things like...

“If the people around me don’t change...”

“If the outcome doesn’t change...”

“Maybe nothing ever will change.”



“When we are no longer able
to change a situation,
we are challenged
to change ourselves.”

— Viktor Frankl

Real change is
Spirit-formed, not self driven

But the fruit of the Spirit is love, joy, peace,
forbearance, kindness, goodness,
faithfulness, gentleness and self-control.

Galatians 5:22–23

Those who belong to Christ Jesus have crucified the flesh with its passions and desires. Since **we live by the Spirit**, let us **keep in step with the Spirit**.

Galatians 5:24-25

Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom. And we all, with unveiled face, beholding the glory of the Lord,

are being transformed into the same image
from **one degree of glory to another**. For this
comes from the Lord who is the Spirit.

2 Corinthians 3:17-18

Real Change isn't instant—it's incremental.

Real fruit looks like something

If someone were to taste the fruit of your life
this week, what would they experience?

Slow growth requires strong endurance.

Real fruit requires real endurance

Let us **not grow weary** in doing good, for at the proper time, we will reap a harvest—if we **don't give up.**

Galatians 6:9

Real change requires real training

Jesus said, “If **you hold** to my teaching, you are really my disciples. Then you will know the truth, and the truth will set you free.”

John 8:31-32

His divine power has given us
everything we need for a godly life...

...For if these qualities **are yours** and **are increasing**, they keep you from being ineffective or unfruitful in the knowledge of our Lord Jesus Christ.

2 Peter 1:3,8

Discipline = Freedom

“Run in such a way as to get the prize.
Everyone who competes in the games goes
into strict training.

They do it to get a crown that will not last,
but we do it to get a crown that will last
forever. Therefore I do not run like someone
running aimlessly;

I do not fight like a boxer beating the air. No,
I strike a blow to my body and make it my
slave so that after I have preached to others,
I myself will not be disqualified for the prize.

1 Corinthians 9:24-27

“Since we live by the Spirit,
let us **keep in step with** the Spirit.”

Galatians 5:25

“The verb ‘to keep in step’ points to the necessity of a deliberate, attentive conformity to the Spirit's leading. It's not just avoidance of sin, but the shaping of the entire life by the Spirit's presence and prompting.”

Douglas Moo

“It’s like a band marching — and the Spirit is the rhythm section. If you live by the Spirit, your whole life must keep pace with the Spirit's tempo.”

N.T. Wright



Without the Spirit, we'll either try
to carry too much—or we'll care too little.

Attachment

“Keeping in step’ means that Christian ethics are not based merely on rules but are dynamically shaped by an **ongoing, living relationship** with the Holy Spirit.”

F. F. Bruce

“Since **we live** by the Spirit,
let us keep in step with the Spirit.”

Galatians 5:25

Trust and Do/Obey:
Discern the Spirit's leading
Respond with faith

Is this aligned with the character of Jesus?

Is this consistent with His Word?

Is this a response formed in love?