

Scriptures for further study

1 CORINTHIANS 11:17-34 | PHILIPPIANS 2:5-11 | 1 JOHN 3:16 | JOHN 5:24

## DISCUSSION QUESTIONS

- 1. What memories do you have of family meals, particularly on special occasions? What mealtime traditions might your family members associate with your family identity?
- 2. What are the tangible reminders that God has provided through the Lord's Supper? What are we remembering? In what ways does receiving the bread and the cup serve as a proclamation? How does our manner of celebrating the Lord's Supper enhance this proclamation? In what ways do our entire lives become proclamations and celebrations of Christ's magnificent gift?
- 3. In I Corinthians 11:27-28, we are to examine ourselves. Why is it important in our walk with Christ to set aside time for self-examination? Why must we continually focus on our salvation in Christ? What happens when we lose focus of the things that matter most in life?
- 4. What does it mean to disregard "the body of Christ," and why is this a serious matter? Are there other ways we disregard and dishonor the sacrifice of Christ for us?
- 5. What images come to mind when you hear the word "belonging"? What does "not belonging" look and feel like? What role does the Lord's Supper play in helping us "belong"? To welcome and receive others can be challenging but incredibly satisfying. How have you personally extended grace and welcomed others? What steps can we take as a Life Group and as a local body of Christ to be more gracious and welcoming?