## 10 REASONS

- It helps me fight temptation, resist the enemy, and not give into sin. (Psalm 119:11)
- 2 It revives, renews and gives life to my soul. (Psalm 19:7a)
- It gives me wisdom to know what is true and right. (Psalm 19:7b)
- It causes delight and gives joy to my heart. (Psalm 19:8a)
- It shines light in the darkness and gives light to my eyes. (Psalm 19:8b; 119:105)
- It helps me to treasure, savor, and value God above food, health, wealth and prosperity. (Psalm 19:10; 119:103, 72)
- It makes me thankful and leads me to worship. (Colossians 3:16)
- It renews my mind to not be conformed to this world. (Romans 12:2)
- It feeds my soul and equips me to witness. (Matthew 4:4, 1 Peter 3:15)
- It makes me more like Jesus and strengthens my faith. (John 17:17; Romans 10:17)

# METHODS FOR SCRIPTURE MEMORY

#### REPETITION

- · Read the verse 10x quietly
- · Read the verse 10x out loud
- · Write the verse 10x while looking at it
- · Write the verse 10x without looking at it

#### DRAWING

Drawing a picture to represent the verse helps to visualize it. One simple image can help you remember the words of the verse.

#### 3X5 CARD/YOUR ARM

Write the first letter of each word in the verse on a card or on your arm. This helps with rehearsing it throughout the day (bonus: others will see and may ask about it, which opens the door to share God's word with them).

### ACCOUNTABILITY

Ask a friend or family member to hold you accountable. Better yet, you can memorize a verse or a passage together.

### REVIEW & MEDITATE

We are forgetful people. To keep you from forgetting the verses you've memorized, you can review and meditate on them regularly.

#### PRAY IT

God loves when we use His Word as a guide in prayer. We can be sure that we're praying in alignment with God's will when we use the verses we've memorized to pray.