



THE BATTLE AND THE FLESH INSIDE US

Galatians 5:16-24

DISCUSSION GUIDE:

1. We saw in the passage that “walking by the spirit” allows us victory over the flesh. What less effective ways do believers and unbelievers use to try to fight the battle with the flesh?
2. What are key elements of walking by the spirit? Make a list of things that you practice that help you walk by the spirit.
3. Read the list of the “fruits of the flesh” and the “fruits of the spirit.” What are some of the deeds of the flesh that God has given you victory in? What are some fruits of the spirit that He has built into your life? (Colossians 3:5-16 gives another list of deeds of the flesh and the Spirit.)
4. Colossians 3:16 gives us some direction on how we can encourage one another. Who can you commit to encourage to “walk by spirit” this week? What specific step will you take?
5. What else stood out to you in the sermon this week that encouraged or challenged you?

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