

## The Journey from Grief and Hurt to God And Hope Lamentations 3:16-26

## **DISCUSSION GUIDE**

- 1. The apostle Paul knew loss during his ministry. Read Philippians 1:13-14, Philippians 3:20-21 and Romans 8:18 and talk about the process Paul used to find hope.
- 2. Because God is our portion, we can hope in Him. What does it mean, that God is our portion? Refer to Psalm 73:23-28. Contrast the circular meaning of the word hope to the biblical meaning of the word hope; use Romans 15:12-13 as a primer.
- 3. What does waiting on God look like in your life? How might you make this a productive time of waiting?
- 4. 2 Corinthians 5:18-20 talks about us as believers being ambassadors. What are some of the characteristics of an ambassador generally and an ambassador of hope specifically?
- 5. List ways you can give your hope away to believers, to non-believers.