

The Lord's Supper Luke 22:14-20

DISCUSSION GUIDE:

- 1. What jumped out at you from today's sermon?
- 2. The point of the Lord's Supper is to **remember & reflect** on all that God has done in Christ. What stops you from remembering and reflecting on God?
- 3. Why is it so difficult to examine ourselves? How do we examine ourselves?
- 4. What does your daily time with God look like? What are some things you do to help you remember and reflect on God throughout your daily life?