

CENTERGROVE CHURCH

Scriptures for further study

Matthew 6:25-34 | Romans 5:6-11 | John 1:11-12

DISCUSSION QUESTIONS

Psalm 121

“Anxiety does not empty tomorrow of its sorrows, but only empties today of its strength.” -Charles Spurgeon

1. Do you consider worry a sin? Explain your answer.
2. What does the fact that so many of us struggle with worry say about our culture? What does it say about our faith?
3. Why do you think the psalmist affirms God as the Creator of heaven and earth while talking about God as Helper on his specific pilgrimage? (verses 1-2).
4. Verses 3-6 reference traveling by day and resting at night. What kinds of dangers might the Israelites have faced during these times?
5. Does the Lord promise a journey free from trouble or a journey protected from trouble in verses 7-8? What is the difference? Why is this important to grasp?
6. In what ways does the protection of the Father keep us from being anxious?