

Wake Up

I Didn't Know I Fell Asleep



Message Summary

Are you preparing for what you're praying for? If we aren't careful, we can become spiritually sleepy and miss an opportunity to see God move.

Signs You're Getting Spiritually Sleepy:

- Loss of appetite for God's Word
- Little or no desire to pray
- Things that used to convict you don't bother you anymore
- Avoiding accountability
- Isolating yourself from godly community

Key Scripture

On the first day of the week we came together to break bread. Paul spoke to the people and, because he intended to leave the next day, kept on talking until midnight. There were many lamps in the upstairs room where we were meeting. Seated in a window was a young man named Eutychus, who was sinking into a deep sleep as Paul talked on and on. When he was sound asleep, he fell to the ground from the third story and was picked up dead.

Paul went down, threw himself on the young man and put his arms around him. "Don't be alarmed," he said. "He's alive!" Then he went upstairs again and broke bread and ate. After talking until daylight, he left. The people took the young man home alive and were greatly comforted.

Acts 20:7-12 NIV

Additional Scriptures

- Luke 22:45-46 NIV
- Matthew 26:41 NIV
- 1 Thessalonians 5:5-6 NIV

Start Talking

Find a conversation starter for your group.

- Share your favorite way to connect with God.

Start Thinking

Ask a question to get your group thinking.

- What are practical ways you can stay spiritually awake in a culture that tries to put us to sleep?
- Read **Acts 20:7-12**. What stands out to you in this passage? What do you imagine it would have been like to be in the room where Paul was teaching?

Start Sharing

Choose a question to create openness.

- Read the five signs you might be spiritually sleepy. Which one resonates with you most and why? What could you do to reignite your faith?
- This message encourages us to prepare for the things we're praying for. What are you praying for in this season, and how are you backing up your prayers with action?

Start Praying

Heavenly Father, thank You for the ways You're at work in our lives. Please show us how we can be awake and alert to what You have for us. We believe that what's in front of us is greater than what's behind us. In Jesus' name, amen.

Start Doing

- Take one step every day to be spiritually "awake" this week.
- Start the Bible Plan *How to Find Peace in God* using Plans With Friends: www.go2.lc/find-peace
- Consider how you could love others by serving on the weekend or with a Local Mission Partner.