

Small Group Questions | November 20, 2022
Philippians 4:4–9 | “Rejoice Always”

1. In verse 4, after telling us to “rejoice” once, why do you think Paul feels the need to say it again?
2. What is the relationship between joy and sorrow in a believer’s life? Can both joy and sorrow be present at the same time? How so?
3. In verse 5, what does Paul mean by the “reasonableness” that should characterize our lives? (Check a few different versions to see some other ways the word can be translated.) In what ways have you seen this character trait demonstrated in others’ lives?
4. Why is it important that prayer include thanksgiving?
5. What does it mean that the peace of God “surpasses all understanding”?
6. Read verse 8, and count all the ways that Paul describes the things we should focus on. How are we often guilty of focusing on the opposite kinds of things, and why is that dangerous to our hearts?