

1. Why do you think God includes a song book, or a hymnal, in the Bible?
2. Do you think there is a difference between happiness and joy? Should Christians seek either or both?
3. Sin often isn't a single event, or particular infraction, but a result of a progression. How have you seen that progression work out in your life or in others?
4. Can we control what we enjoy? If we don't "delight" in God's word, is there a way for that to change?
5. What are different strategies or tools you use to help you meditate on God's word?
6. Why would the Bible promise that the blessed man prospers in all that he does when we know so many people in the Bible are poor and persecuted?
7. How might our knowledge of what happens after we die affect our happiness, or contentment, in this life?