- 1. Do you think David's description of his pain and struggle paint a universal picture that everyone can relate to?
- 2. Why is God a source of struggle rather than a source of hope in the beginning of the Psalm?
- 3. Is David trying to convince God to show mercy? Should we make arguments to God in our prayers?
- 4. David's perspective seems to change by the end of the Psalm. What do you think causes David's outlook to change?

**Extra Credit:** In your times of struggle with pain and suffering, have there been arguments or tools that you have turned to in order strengthen your hope?