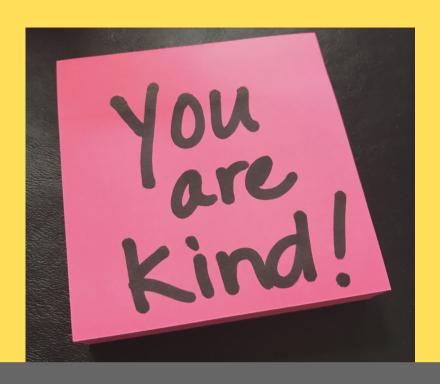
## AFFIRMATION NOTES: EPHESIANS 4:29



## SUPPLIES NEEDED: PINK STICKY NOTES AND A WRITING UTENSIL

## INSTRUCTIONS:

AFFIRMING YOURSELF-WRITE 10 GOOD THINGS ABOUT YOURSELF
HOW HAS GOD MADE YOU SPECIAL?
AFFIRMING OTHERS- WRITE AN AFFIRMATION TO SOMEONE
ELSE ON A STICKY NOTE AND GIVE IT TO THEM

SHOPPING HINT: HOT PINK STICKY NOTES ARE AT THE DOLLAR TREE. THEY ALSO HAVE LOTS OF FUN WRITING UTENSILS.

CHECK US OUT ON PINTEREST FOR MORE CHRISTIAN CRAFT IDEAS AND ON YOUTUBE FOR HOW TO VIDEOS.

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