

OUR CITY KIDS

ELEMENTARY – Kinder – 6th Grade

Memory Verse: Put up with one another. Forgive one another if you are holding something against someone. Forgive, just as the Lord forgave you. Colossians 3:13 (NirV)

ACTIVITY:

Balancing Act:

- In our bible story today we learned about how stepping can make a big difference in our relationships with others
- Give each person a pencil to balance on their head.
- Play upbeat instrumental music or sing a silly song.
- As the music plays, you must walk around your area balancing the pencils on their heads.
- If a pencil falls, they must freeze and cannot move again until another person to pick up your pencil for you. (The friend who helps may hold his own pencil in place while helping.)
- Stop the music at regular intervals to allow kids to reset their pencils.
- Play as time and interest allow.

“If you dropped the pencil in this game, what happened? (Pause for responses.) Yes! You couldn’t move until someone stepped up to help you. [Transition] In our Bible story today, we’ll learn about how stepping up can make a big difference in our relationships with others.”

DISCUSSION:

Questions:

- When is it hard to forgive someone? What can keep us from forgiving someone?
- What are things people do when they hold a grudge?
- What have you learned that can help you to take the first step to forgive? How can knowing we are all created in God’s image help you to forgive others?