

# OUR CITY KIDS

**PRESCHOOL – Ages 3-5 years' old**

*\*\*Note: Parents & guardians, the activity and the game will need the assistance and participation of you!*

## **ACTIVITY:**

### **Follow Directions:**

Grab some paper and draw and cut out feet to make a floor path.

- Grab Paper, crayons and (for parents) scissors
- Trace parents' feet on paper and cut out about 10-15 feet
- Place the feet in a path in the house and Invite the children to walk the path and face the direction of the feet. Repeat several times.

## **GAME:**

### **Dance Party:**

#### **What You Need:**

Music player with fun dance music

#### **What You Do:**

*Before the Activity:* Turn on the music.

*During the Activity:* Play the music and encourage the children to dance in a line while playing following the leader. Repeat so that everyone gets a turn to be the leader.

#### **What You Say:**

*Before the Activity:* "Let's dance!"

*During the Activity:* "When you hear the music, start dancing while we play 'Follow the Parent.' Follow me!" (*Do activity.*)

*After the Activity:* "Great job! We can ALL follow Jesus! **Who can you follow? [Bottom Line] I can follow Jesus!**