

BIBLE AT THE BEACH

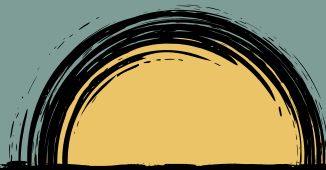
LESSON 1 DISCUSSION QUESTIONS

Anger is one of the most destructive, if not the most destructive, behavior pattern in human history. From the beginning of the existence of man, when Cain murdered Abel, anger has been an infection that has plagued humanity that is stricken with the disease of sin.

Angry people destroy marriages, families, churches, and even whole civilizations. Even worse, they destroy their relationship between man and God, because it is rooted in a desire to be God.

With the ubiquity of anger in our culture and ourselves, how are we to honor God? How do we understand anger so that we might be "slow to anger," and honor God?

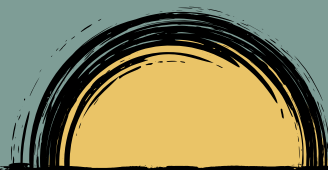
Let's dig in and discuss how God's Word helps us to understand anger so that we might honor God with our thoughts, words, attitudes, and emotions.



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- 1. ANGER.** What was the definition of anger that was given this morning? How accurate do you think that definition is?
- 2. THE MOTIVE.** What is the difference between *legal* humility and *evangelical* humility? What are practical ways that we see the loveliness of Jesus?
- 3. PATHOLOGY.** How was the pathology of anger described? How does knowing this help you to formulate a plan to help you in your battle with anger?
- 4. GOD'S CONTROL.** Read Daniel 4:35. How does the sovereignty and providence of God help you in dealing with anger?



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5. SPECIFICS. What are some specific areas in life where you struggle with anger? Is there someone who you can have pray for you and be an accountability partner?

6. SPECIFICS Considering the “pathology” of anger, what are some specific ways of thinking that you can change in order to bring your emotional responses of anger under control?

7. PRAYER. Pray with someone in your group about the areas in your life where you struggle with anger.

