

"God Will Help You Rebuild Your Life!"

'The Lord...heals the broken-hearted and bandages their wounds." - Psalm 147:2-3

SAY:

Life is filled with moments that are not so fun. People we trust turn their backs on us. Loved ones pass away. Sometimes, people say and do things that cause great damage to our hearts and lives. It can feel like it's "GAME OVER" - things are just too broken down and damaged.

READ:

2 Samuel 11-12

DISCUSS:

- Who was the main character in this story?
- What was broken down that made Nehemiah sad?
- Who made fun of Nehemiah and his team of builders?
- Did Nehemiah let Sanballat discourage him?
- How long did it take Nehemiah to rebuild the walls?

SAY:

Nehemiah was completely broken-hearted about how the walls of Jerusalem had been neglected and damaged. It appeared to many that things would never improve or be repaired. Through a series of miraculous events, God helped Nehemiah lead the effort to rebuild the walls in record time.

Through Nehemiah's experience, we learn that no matter how broken down and damaged our lives may seem, it is never "GAME OVER" as long as God is there to help us rebuild and be restored.

PRAY:

Pray for those in your family who have gone through a tough time and feel like their hearts and lives are broken down and destroyed. Pray that they will be honest, ask for help, and never quit!