

FAMILY DEVOTION

RUNNING FOR YOUR LIFE "What Should I Do?"



"I Will Follow God's Word & Do What's Right!"



"My thoughts are nothing like your thoughts,' says the Lord! And my ways are far beyond anything you could imagine.'" - Isaiah 55:8

SAY:

Sometimes when life gets tough, we can start to feel all kinds of feelings. And sometimes those feelings can confuse us on what we should do, what we should say, and how we should act.

We learn from 1 Samuel that David went through this same struggle. He had to decide - should he act based on the way he feels or based on what he knew was right. Let's see what David did!

READ:

1 Samuel 24

DISCUSS:

- Where was David hiding?
- Who showed up in the same cave as David?
- What did David's men want him to do to King Saul?
- What did David do instead of killing Saul?

SAY:

David learned that we can't always trust our feelings, but we can always trust God's Word. Sometimes we have to put aside our feelings and do what we know is right!

PRAY:

Ask your children to think about their lives. In times of confusion, are they living to follow their emotions and do what "feels" right? If so, it is never too late to change.

Encourage your children to seek God's will in every decision. Thank God for His Word, and make a decision to follow it in every moment of confusion.