

FAMILY DEVOTION

DEAL WITH IT! “Loneliness”



“I Know I Am Never Alone!”



“...For God has said, ‘I will never fail you. I will never abandon you.’”

- Hebrews 13:5

SAY:

Feeling lonely is not fun at all. Sometimes, even followers of Jesus feel lonely. It can happen when we are left out of games or groups of friends at school, when mom or dad are away for a long time, when we move to a new place, or all kinds of reasons. But here's the important thing: we shouldn't let loneliness bring us down.

READ:

Acts 28:11-16

DISCUSS:

- In which city did Paul and the soldiers finally end up?
- Did anyone live with Paul?
- How many guards were outside of Paul's house?

SAY:

In the story of the Apostle Paul, even when he was all alone as a prisoner, he knew that God was always there with him. Remember, even when we feel lonely, God is always there with us!

DISCUSS:

- Have you ever felt lonely? What made you feel that way?
- How do you think God can help us when we feel lonely?
- How can we be kind to others who might be feeling lonely too?

PRAY:

Let's pray and ask God to help us remember that He is always with us, especially when we feel lonely. Ask Him to give us the courage to reach out to others and be a friend to those who may be feeling lonely too.