

FAMILY DEVOTION

RUNNING FOR YOUR LIFE "Revenge Never Works"



"I Will Control My Anger And NOT Take Revenge!"



"Don't sin by letting anger control you..." - Psalm 4:4a

SAY:

Anger is something that everyone deals with. Anger is a feeling - an emotion. It's just a normal part of life. Every human feels anger inside of them from time to time. However, we must know how to handle ourselves when we become angry.

David had a moment of anger in 1 Samuel 25. Let's see how he handled his anger...

READ:

1 Samuel 25

DISCUSS:

- Who insulted David?
- Was David angry when he heard about Nabal?
- Who helped David to realize he was letting anger control him?
- Is it okay to take revenge when you get angry?

SAY:

David learned that we must control our anger. It's not a sin to be angry because anger is just a feeling, but letting our anger take control of us is a sin. When our anger starts to move from inside of us to the outside, in our words and actions, that's when we can find ourselves in a lot of trouble. We must control our anger instead of letting it control us!

PRAY:

Pray that your children would not be blinded by their anger. Pray that they would not carry around the burden of revenge, but that they would instead lay down their anger and receive God's peace. Pray that, from now on, your children would not allow their anger to control their actions.