

# FAMILY DEVOTION

## ROCK SOLID

"I Connect To God Through Worship And Prayer"



"I Connect To God Through Worship And Prayer!"



"I prayed to the Lord, and he answered me..."

- Psalm 34:4a

### SAY:

We connect to God through worship and prayer, but some people aren't sure what that means or feel like that is something really big and hard to do. The truth is - worship and prayer are simple!

Prayer is just talking to God! We don't have to use big words for Him to understand. God just wants to hear from us, no matter how we talk to Him. Worship is sometimes shown to God when we sing songs, but it's much more - it's how we live our lives, showing God we love Him!

### READ:

1 Samuel 21-22

### DISCUSS:

- Where was David?
- How was David feeling?
- Did David have joy, even though he was sad?
- What did David do while he was in the cave?

### SAY:

As followers of Jesus, we can connect with God through worship and prayer. If we make time for God, even during hard times, He will listen and respond to our prayers and worship.

### PRAY:

Lead your kids in a time of prayer and worship. Remind them that they can speak to God and know that He hears every word. Encourage them to spend time listening for God's voice as He desires to speak to them.