

FAMILY DEVOTION

GAME OVER:
“Temper Tantrum”



“I Won’t Let Anger Control Me!”



“Don’t sin by letting anger control you...” - Psalm 4:4a

SAY:

Anger is a powerful emotion. Often, it is caused by a perceived or actual injustice. We feel things should have gone a different way, so we become angry.

Although anger itself is not a sin, when we allow our anger to control us, it will ALWAYS lead to sin. We can’t give in to anger and lose control.

READ:

Exodus 2:11-15

DISCUSS:

- What did Moses see that made him angry?
- What did Moses do to the soldier?
- Did Pharaoh find out what Moses did?
- Where did Moses go after Pharaoh tried to kill him?
- If I make a mistake, is it “GAME OVER” for God’s plan for my life?

SAY:

Moses became angry when he saw an Egyptian beating an Israelite. He could have handled the situation in a way that was orderly and justified. Instead, he took matters into his own hands, lost his temper, and killed the Egyptian. He spent the next forty years in the desert away from everyone. When we allow “anger to control us, we will always get in the way of God’s plan. We must get angry but not sin.

PRAY:

Pray for your children who may feel they have made the mistake of losing their temper and allowing their anger to control them. Pray a prayer of repentance with them. Pray that they will be patient, allowing God to help them control their anger.