# **FAMILY DEVOTION**

## RUNNING FOR YOUR LIFE "Who Do You Trust?"



"No Matter What Happens, I Will Have Faith In God!"



"Trust in the Lord with all your heart; do not depend on your own understanding." - Proverbs 3:5

#### SAY:

In a world that Jesus said would be filled with trouble, we can expect that there will be times we are let down. There will be moments when things don't go our way, things we didn't expect to happen happen, and people let us down. Those moments can really disappoint us and make us frustrated and upset.

David experienced disappointment in our Bible Story! Let's see how he handled it...

#### **READ:**

2 Samuel 15

#### **DISCUSS:**

- Which of David's sons planned to overthrow him?
- Was the country supportive of David?
- Did David trust God despite the circumstances?
- Do we always get our way in life?

### SAY:

David learned that when we face disappointment, it is often hard to decide who you can trust. One thing we know for sure though is that you can always trust God. Sometimes it may be hard to trust God, but we have to make sure we keep trusting Him even in hard times. We have to remember that God is in control of everything and He can and will take care of us!

#### PRAY:

Pray for your children to be able to overcome disappointing circumstances by trusting God and allowing Him to take control of disappointing situations.