

DISTRACTION AND DISCIPLESHIP

Luke 10:38-42

Sitting at the feet of Jesus enables us to be the hands of Jesus.

THREE TRUTHS

Jesus wants to be with you and to bless you.

Distractions can damage your discipleship.

Being with Jesus is more important than doing things for Jesus.

TWO MYTHS

Myth 1: Religious busyness is the same as spiritual faithfulness.

Myth 2: Jesus cares more about you the more you do for Him.

ONE ACTION

Make time to know Jesus!

Discussion Guide

- Describe a time when you have been so distracted that it caused a problem. What is the worst case of distraction you've ever seen?
- What do you think Satan uses the most to distract Christians?
- On a scale of 1-10, how much do you feel Christianity in your life is an add-on (1) or life-giving (10)? Explain your answer.
- Where do you feel your life is "out of rhythm" in general?
- What rhythm do you hope is discussed and you can incorporate during this series? (Ex., worship, prayer, Bible study, etc.)
- **Read Romans 12:2.** What are the two possibilities Paul lists for the formation of the believer? What would someone look like who is "conformed?" What would someone look like who is "transformed?"
- How might the idea of "Jesus as a concept" vs "Jesus as a Person" change how you view your personal devotions as well as other aspects of your faith?
- How is your devotional life? How would you describe it? What might you need to go to the next level?
- How can we hold each other accountable to pursuing a life spiritually "in rhythm?"
- How does a life "out of rhythm" affect our witness? Give some examples.
- **Try it out:** How would you describe to an unbelieving family member or friend why you are (and they should) pursue a relationship with Christ and be formed by Him?
- Name two people who currently do not have a relationship with Christ who would benefit from this conversation.
- Take turns **praying** for another person's "two people."

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