

JOY THROUGH CONTENTMENT

Philippians 4:10-20

STRUCTURE:

The Philippians' gift for Paul's need (10)

Paul's need and Christ's sufficiency (11- 13)

Christ's sufficiency through the Philippians' generosity (14-17)

The Philippians' generosity for God's glory (18-20)

TRUTHS:

Contentment is independent of your circumstances.

Contentment is not dependent on you.

God may use your generosity to aid contentment.

Christ will satisfy.

GROUP / FAMILY DISCUSSION

- Does the world value contentment? Explain.
- Why does contentment seem so hard to attain?
- Is there an area of your life where you feel discontent?
- Read **Hebrews 13:5**. What is the relationship between contentment and money?
- Why do you think the author of Hebrews reminds us of God's presence as support for his statement to be content?
- If you are completely honest, would you say you are satisfied in Christ alone?
- What will you do this week to become more content in following Christ?
- What area of your life or situation do you need Christ's power to help you through?
- **Pray together.**

WEEKLY MEMORY VERSE

Philippians 4:13

I can do all things through him who strengthens me.

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