

# JOY THROUGH CONTENTMENT

Philippians 4:10-20

## STRUCTURE:

**The Philippians' gift for Paul's need (10)**

**Paul's need and Christ's sufficiency (11- 13)**

**Christ's sufficiency through the Philippians' generosity (14-17)**

**The Philippians' generosity for God's glory (18-20)**

## TRUTHS:

**Contentment is independent of your circumstances.**

**Contentment is not dependent on you.**

**God may use your generosity to aid contentment.**

**Christ will satisfy.**

## GROUP / FAMILY DISCUSSION

- Does the world value contentment? Explain.
- Why does contentment seem so hard to attain?
- Is there an area of your life where you feel discontent?
- Read **Hebrews 13:5**. What is the relationship between contentment and money?
- Why do you think the author of Hebrews reminds us of God's presence as support for his statement to be content?
- If you are completely honest, would you say you are satisfied in Christ alone?
- What will you do this week to become more content in following Christ?
- What area of your life or situation do you need Christ's power to help you through?
- **Pray together.**

## WEEKLY MEMORY VERSE

***Philippians 4:13***

*I can do all things through him who strengthens me.*

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