

# JOY OVER LONELINESS

Philippians 1:1-11

## Paul's Joy For the Philippians:

Paul has them in mind. (3-6)

Paul has them in heart. (7-8)

Paul has them in prayer. (9-11)

*There is no true and lasting joy apart from Christ.*

## Your Joy Over Loneliness:

Speak encouragement rather than talking about your discouragement.

Share meaningful life with other believers.

Give everything to and for God through prayer.

## GROUP / FAMILY DISCUSSION

- What makes you happy? How is joy different from happiness? Describe a memory that makes you joyful.
- Read **Ephesians 2:8-9**. What does this passage say about our our work in salvation?
- How does this passage support Paul's statement in Philippians that the one who began the good work would complete it?
- Why is it true that "True and lasting joy can only be found in Christ?"
- When problems arise, do you tend to talk about discouragement or offer encouragement?
- What will you do practically this week to practice joy?
- How can we pray for you?
- **Pray together.**

## WEEKLY MEMORY VERSE

***Philippians 1:6***

*And I am sure of this, that he who began a good work in you will bring it to completion at the day of Jesus Christ.*

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