



HEBREWS

THE INCOMPARABLE CHRIST

Hebrews: The Incomparable Christ



Hebrews 4:1-13



Unbelief leads us into disobedience
and then leaves us in a state of unrest.



Hebrews 4:1-13



Hebrews 4:1-13

Rest = 12x in Hebrews, 10x in chapter 4

Enter = 12x in Hebrews, 6x in chapter 4

Promise = 52x in NT & Hebrews;
4:1 is first of 17x in book of Hebrews



The Bible speaks of rest in several different ways:

- Divine rest after Creation event
- Sabbath rest as the rhythm of life
- Homecoming rest returning to the Promised Land
- Spiritual rest “in Christ”
- Eternal rest in New Heavens and New Earth



“You have made us for yourself, O Lord,
and our hearts are restless until they rest
in you.”

- Augustine
Confessions



Hebrews 4:1-13

1. There remains the promise of God's rest.



“When we stop building our identity on career, or our race, or our family, or any other created thing and rest in God, the fears and drives that enslaved us recede, and we experience a new freedom and security.”

- Tim Keller

Making Sense of God



Hebrews 4:1-13

2. We must trust Christ to enter God's rest.



“Anxiety is only the context for sin, not its cause. Our base problem is unbelief. Failing to trust the infinite God, we live anxiously, restlessly, always trying to secure and extend ourselves with finite goods that can’t take the weight we put on them.”

- Cornelius Plantinga
Not The Way It's Supposed to Be

[summarizing Reinhold Niebuhr
in *The Nature and Destiny of Man*]



Hebrews 4:1-13

3. There is freedom living under the authority of God's Word.



“Freedom unlimited is an illusion.
The mind is free only under the authority
of truth, and the will under the authority
of righteousness. It is under Christ’s yoke
that we find the rest he promises,
not in discarding it.”

- John Stott

