



# Philippians

*THE HOPE OF JOY*

# Philippians: The Hope of Joy

# Philippians 4:10-23

# Four Elements of Unassailable Joy

## 1. Unshakeable Contentment

**“There are two ways to get enough.  
One is to continue to accumulate more  
and more. The other is to desire less.”**

**- G. K. Chesterton**

“As medicine works disease out of the body, so does contentment work trouble out of the heart. Holy contentment keeps the heart from fainting. Contentment is the golden shield, which beats back all discouragements.”

- Thomas Watson

# Four Elements of Unassailable Joy

1. Unshakeable Contentment
2. Tenacious Trust in God's Sovereignty

# Contentment

is a restful confidence in God's sovereignty and care for us, whether we are in plenty or in want.



“When you go through a trial,  
the sovereignty of God is the pillow  
upon which you lay your head.”

- C. H. Spurgeon

# Four Elements of Unassailable Joy

1. Unshakeable Contentment
2. Tenacious Trust in God's Sovereignty
3. Humbled Gratitude

“It is fitting for a creature to be in a continuous posture of gratitude toward his creator. And it is even more fitting for a redeemed rebel to be in an ongoing posture of gratitude toward his redeemer. The kind of life that flows from such amazing grace is the life of continual thankfulness.”

- David Mathis

# Four Elements of Unassailable Joy

1. Unshakeable Contentment
2. Tenacious Trust in God's Sovereignty
3. Humbled Gratitude
4. The Ultimate Goal of Glory

“How many church conflicts could be resolved if God’s glory were everybody’s goal? How many egos would be put in their place if God’s glory - not human glory - were at stake? How much extremism would be avoided if we did all for the greater glory of God?”

- Chuck Swindoll

*Hope Beyond the Culture*

“It would seem that Our Lord finds our desires not too strong, but too weak. We are half-hearted creatures, fooling about with drink and sex and ambition when infinite joy is offered us, like an ignorant child who wants to go on making mud pies in a slum because he cannot imagine what is meant by the offer of a holiday at the sea. We are far too easily pleased.”

- C. S. Lewis  
*The Weight of Glory*