

FORWARD PROGRESS OF HOLINESS IN OUR LIVES

To Grow Up Spiritually

1 PETER 2:1-12

1) We Need To Grow Up!

- 2 Myths about spiritual growth:

2) What Growth Looks Like

- 1 Peter 2:1-3

4) How to Grow Up Spiritually

A. Accept the truth of the word of God and be obedient to it

B. Be fed and take nourishment on the milk of the word of God

C. Building your life on the cornerstone of Jesus and His words

D. Don't settle: be sober minded and wage war against sin

5) S.O.A.P.

QUESTIONS AND SCRIPTURE FOR FURTHER STUDY THIS WEEK

1. In Paul's letter to the Thessalonians (see 1 Thessalonians 1:1-10), he describes what maturity and spiritual growth look like in the midst of "severe suffering." After reading the passage, jot down how Paul describes the faith of the Thessalonians, himself and his friends.

What is most attractive to you about how they live out their faith?

How do you think they were able to mature in such a trying situation?

2. Following Jesus and spiritual growth are things that involve both God's Spirit working in our lives from the inside out, and us working on how God calls us to live (Philippians 2:12-13). The process of maturing can be hard work. Paul often used the analogy of athletic competition to help Christians understand their part in growing to maturity. How do the following verses increase or affirm your understanding of what it takes to develop a spiritually mature perspective?

Philippians 3:13-14

1 Corinthians 9:24-27

2 Timothy 2:4-5

Hebrews 12:1-2

3. This weekend, we heard how spiritual growth is measured not by how much we know, but rather by how we live. 1 Thessalonians 5:12-18 gives a list of great things to know and live out as we follow Jesus and impact those around us. As you read the list, which one or two have you seen or do you think would push you toward the most growth?