

VOYAGE CHURCH

LIVE THE LOVE

Sermon Discussion Questions

Anxious for Nothing

Part 3: Palms 61

1. What images did David use to describe what God had done for him? (vs. 2-4)
2. Why did David seek the Lord? (Vs. 1-2)
3. How is God our protection and refuge? (vs.3)

Application:

4. How do you respond to stressful situations? What helps you cope?
5. Have you ever felt like everything around you was falling apart? How did you find comfort?
6. How do we center ourselves on Jesus when we feel anxious?
7. **Take an Extra Step:** What is one thing you can do to deal with anxiety when it comes? How can we support one another in those times?

Pray: How can we pray for each other?