

Sermon Discussion Questions The More of Less Part 2: Time

Opening Discussion/Ice Breaker: Name one or two items on your bucket list? Why are they important to you?

Read Ephesians 5:15-17 and Matthew 22:37-40

- 1. Why does it say, "the days are evil"? (vs. 16)
- 2. Why must we be careful how we live? (vs. 15)
- 3. How do we discern God's will for our lives? (vs. 17)
- 4. How should we best use our time, according to Jesus? (vs. 37-40)

Application

- 5. What fruitless distractions do you need to get ride of in your life?
- 6. Review SIPS: How can you experience more joy, love and peace in your life? Other suggestions how we can find the "More of Less" in regards to time?
- 6. **Take an extra step**: How can you start to balance work and rest in the sabbath principle? Honestly, do you tend to overwork or be slothful?
- 7. How can we pray for you?