

I AM: The Way, the Truth, the Life

Text: John 14:6 (KJV)

“Jesus saith unto him, I am the way, the truth, and the life: no man cometh unto the Father, but by me.”

Introduction

- People can experience three quiet conditions at once: directional uncertainty (where am I going?), factual uncertainty (what is actually true?), and spiritual exhaustion that no one around them can see.
- Thomas voiced all three the night before the cross: *“Lord, we don’t know where you are going. How can we know?”*
- Three problems. One question. Jesus answered all three before Thomas finished exhaling.

1. Truth Is a Person, Not a Position

- Jesus did not answer the disciples’ uncertainty with data; He answered with identity: **“I am the truth.”** Truth is a person, with a face and a name.
- Kings have tried to silence Him, governments to regulate Him, cultures to cancel Him, death to bury Him none succeeded. In a world of voices, His is the clearest.
- But knowing the truth is not enough.

Reflection: Truth has a face. Truth has a name. He has not been silenced, regulated, or buried. He is still standing exactly where He always was. Stop looking elsewhere.

2. Truth Alone is not enough; Life is also Needed

- Many accept the truth and still feel like something is missing, they are still searching, because theology disconnected from its Source is never enough.
- Thomas knew the truth: 3 years of teaching unlike anything he’d ever heard, eyewitness to the miraculous and still sat in that room confused, depleted, and unsure of the future.
- Jesus did not disappoint the twelve: **“I am the life.”** Life that never runs out. Life that does not leave when the going gets rough. Life that death itself cannot take.
- Truth tells you what’s real. Life gives you the strength to move. But you still need to know where you’re going.

Reflection: Truth tells you what’s real. Life gives you strength to move. Theology without its Source is not enough. He is both. Don’t settle for half.

3. The Way Is Exclusive

- **“I am the way.”** The Way does not exist apart from the Truth and the Life, they are the same Person.
- Then comes the statement that silences every negotiation: *“No man cometh unto the Father, but by me.”*
- That sentence will have one of two outcomes: it will offend you, or it will set you free. There is only one Way and that should bring peace of mind. Stop searching. Stop second-guessing. Stop trying other options hoping one will finally stick.
- The one Way is Jesus — Jesus in belief, Jesus in repentance, Jesus in immersion in water baptism, Jesus in receiving the Holy Spirit.
- Thomas is the proof. After receiving the Holy Spirit in Acts 2, he carried the Way to India farther than any of the other eleven. Alone. No team. No guarantee. No map. Just a man who knew the Truth, the Life, and the Way.

Reflection: One Way. One name. One door. That is not exclusion, it is clarity. The search is over. Walk this way.

Conclusion: The Promise Is Already Made; Receiving Is the Next Step

- Two thousand years: every empire that tried to close the Way failed, every voice that tried to silence the Truth is gone, every grave that tried to hold Life is empty everything He promised is still standing.
- The voice that says “you’re not ready, you’ve gone too far, you missed your window, you don’t qualify” is a receive-inhibitor a liar with no authority over what Jesus has already said.
- Jesus’ posture is not “find me” it is *“I will come again and receive you unto myself.”* The step toward Him is not initiation; it is a response to something He already did.
- Stop striving long enough to take hold of what’s already been given.

Reflection: What He said, He will do. What He promised, He will deliver. What He prepared, He will bring to you. He already moved. Now it’s your turn.