

2025-09-27 The Time for Healing Part 2 Shabbat T'shuvah

2nd message in series "Heal in the Fall Moadim"

Preceded by a message on forgiveness & a message on repentance

Ruach Ha Kodesh's direction "there is a healing Power in these appointed times of Rosh Hashanah Shabbat T'shuvah, Yom Kippur"

Physical, mental, spiritual, emotional, relational, financial healing
& the power to keep us in health

Review: Bible says there are spiritual roots to disease & dysfunction

If true we can deal with the root causes of sickness among us

By discovering those roots and dealing with the sin involved

What are examples spiritual roots you might have in your life? Not mystical

Areas of disobedience to God's will, sin & iniquity, visible or hidden

Sinful actions – stealing, fornication, contention, outbursts of anger

Sinful words – lying, gossip, false accusations, putting others down

Iniquitous attitudes & beliefs – pride, bitterness, self-hatred, doubt

Envy, unforgiveness, idolatry, occultism

Sickness entered our world through sin & it is often spread by sin

It could be due to your known or hidden sin

It could be due to someone else in your life's sin against you

It could be due to power Satan has gained over you due to past sin

Or sin in your ancestry

It could be due to a traumatic experience that is caused by sin

Manifesting as a sickness or some kind of demonic bondage

It is God's will to heal these

Can be exceptions, like when it's time for a person to die

Or the man born blind for the glory of God

Although that blind man did receive a glorious healing

This process of uncovering and dealing is particularly fruitful now

Because we're in 10 Days of Awe, God's appointed time for uncovering

Why did God appoint such a long time, 10 whole days to search for your sin

Because it is often hidden from you, iniquity, denial, ignorance

Brit Hadashah teaches true followers of Yeshua still fall to temptation to sin, have iniquity

And that iniquity will have an effect on your life

Physical, emotional, spiritual, mental, relational, financial

It is also clear that past sin can continue to cause you problems

Even if you have repented

If demonic power has been gained power over you through that sin

Yet the Lord gives you a way to deal even with all these causes

So if the enemy has kept you in the dark about the root causes

Of sickness, bondage, relational or financial problems in your life

This is the time on God's calendar for Him to turn the light on

He will reveal them to you if you are contrite, willing to be shown

Your faults & shortcomings

& if you tremble at God's Word (Isaiah 66:2)

Tremble when you see yourself falling short of the standards

Of thinking and behavior in His Word

If you're not willing to let the Ruach Ha Kodesh show you your faults

Shouldn't even be asking Him to reveal root causes of problems

Because there's a good probability it will be a fault of yours

How do you become contrite? By realizing the need for being contrite

Exercising your free will & deciding to be contrite

I've already heard testimonies of physical & relational healings

Due to people taking the 10 Days seriously & being contrite
 Often our secret iniquity is **result of relationships** gone sour, conflict, offense
 & conversely often times **relationships** go sour due to our iniquity
 Going to focus on relationships today

Genesis has 4 accounts of the power of relationships 3 bad & 1 good
 Start with the good one that reveals the power of a good relationship with God
*Genesis 6:5 Then ADONAI saw that the wickedness of humankind was great on the earth, and that **every** inclination of the thoughts of their heart was only evil all the time.*

Every - there were hardly any humans that were not inclined to evil
6 So ADONAI regretted that He made humankind on the earth, and His heart was deeply pained.
 So sad, all that beautiful creating God did in Genesis 1 was for naught

Almost all human beings were inclined to evil all the time
7 So ADONAI said, "I will wipe out humankind, whom I have created, from the face of the ground, from humankind to livestock, crawling things and the flying creatures of the sky, because I regret that I made them.
 So God was ready to bring judgment destroying all living creatures

Except sea creatures
 Because there were **almost no** humans who were not thinking evil always
 Remember God told Avraham later He would not bring judgment
 if 10 righteous people could be found in Sodom

8 But Noah found favor in ADONAI's eyes.
9 These are the genealogies of Noah. Noah was a righteous man. He was blameless among his generation. Noah continually walked with God.

We know the rest of the story, Noah's family & two of every species of animal
 Were preserved through God's judgment of the human race
 Why was God able to preserve all living land creatures, including humans?
 Because Noah continually walked with God

Noah had an intimate, trusting, growing, fruitful, loving, obedient,
 Respectful, relationship with Him
 He & his family were saved through the flood to repopulate the Earth
 If Noah hadn't had that good relationship with God
 You & I wouldn't be here today

Is that a powerful effect of a relationship with God
 Saving humanity & all creatures?
 Have 2 other categories of relationships in your life in addition to one with God
 Relationships with other people and a relationship with yourself

Sickness and disease are caused by dysfunction
 In one or more of your 3 areas of relationships
 Sin, iniquity causes separation, dysfunction in all 3
 God's will for your life is to have functional, fruitful, growing relationships

In all 3 areas
 An intimate, trusting, growing, fruitful, loving, obedient, respectful
 Relationship with Him
 Intimate, loving, trusting, growing, fruitful, respectful relationships
 With other people

A Godly relationship with yourself, loving, accepting, knowing yourself
 As He loves, accepts & knows you since He created you

Genesis has examples of dysfunctional relationships in all 3
 Start with dysfunction in our relationship with God
 God created Adam, put him in His garden to tend it

Genesis 2:16 Then ADONAI Elohim commanded the man saying, "From all the trees of the garden you are most welcome to eat.

17 But of the Tree of the Knowledge of Good and Evil you must not eat. For when you eat from it, you most assuredly will die!

Then God created Eve & Satan deceived her

Taking advantage of dysfunction in one of 3 areas of relationship

In her life which we'll look at a little later

Satan deceived Eve into eating from tree of knowledge of good & evil

Genesis 3:6 ...So she took of its fruit and she ate. She also gave to her husband who was with her and he ate.

Adam's dysfunctional relationship was with God & His Word

He had been explicitly commanded not to eat from that tree

& he chose to disobey God & the Bible gives no reason for why

It doesn't say he was deceived or that Eve twisted his arm

We can only infer he didn't consider God's command to be very important

Must not have believed what God said about penalty being death

What happened because of that sin?

Isaiah 59:2 But your iniquities have separated you from your God; and your sins have hidden His face from you, so that He will not hear.

Separation from God is the primary cause of destruction

Of our physical bodies, relationships, finances

Sickness is also connected to disobedience

Deuteronomy 28 –lists many blessings for obedience

& curses for disobedience which are numerous & include

Deuteronomy 28:61 Also every illness and plague that is not written in the scroll of this Torah, Adonai will bring on you, until you are destroyed.

First step in healing is to become a child of God

Through the new birth Yeshua offers you

Greatest effect of that is to give you a relationship with God, end separation

Here are symptoms of separation in your relationship with God

Inability to pray

Inability to receive from Word/Bible, manifesting in several ways

Unable to stay awake when reading

You get lost when teachers refer to other parts of Bible

You read Bible so intellectually/critically it doesn't get to your heart

Teachings you've heard in the past have so programmed your mind

That you don't grasp what you're reading in the present

Have seen this so often teaching my Messianic Judaism class

Format - read a verse, answer a question

Usually the answer to the question is in the verse just read

But, so often people try to answer question with what they learned previously

Without hearing what the verse they just read actually said

When that happens I know something is blocking that person's ability

To receive communication from God through His Word

That's dysfunctional

What are some causes of a dysfunctional relationship with God?

Even though you say you believe you are a child of God

Citizen of the Kingdom, know your sins are forgiven

Separation is still there because you do not walk in

The assurance that God **loves** you

Often caused by a dysfunctional relationship with your earthly father

Who is your model for what God is like

Or, a past religious experience has also caused dysfunction/separation

Past teaching that God is a wrathful God

Waiting to strike with lightning bolts if you're bad

Or past religious teaching -God is a permissive God

Who would never stand against you fulfilling all your desires

So you can ignore His commands

Bible says we are His children

Luke 12:32 Have no fear, little flock, for your Father has resolved to give you the Kingdom!

You need to honor Your Heavenly Father with great respect for Him

& His Word & believe He loves you with His immeasurable love

When you are walking in right relationship with God

The other relationships in your life will become Godly

Second example of a dysfunctional relationship in Genesis is Eve

Genesis 3:5 For God knows that when you eat of it, your eyes will be opened and you will be like God, knowing good and evil.

6 Now the woman saw that the tree was good for food, and that it was a thing of lust for the eyes, and that the tree was desirable for imparting wisdom. So she took of its fruit and she ate.

Eve is an example of a person who has a dysfunction

In their relationship with themselves

She was not satisfied with how God had made her, in His image

But wanted to be **more** like God

And even though Adam had surely told her not to eat of the tree

She believed satan's lie that the tree would make her more like God

Many suffer from self hatred, self rejection, self bitterness,

Low self esteem, guilt, condemnation, shame and guilt

At not living up to the world's standards they've bought into

Hating the way you look, your areas of weakness, personality

Symptoms can be discovered by paying attention to your self-talk

If when you see yourself in mirror you have thoughts like – I look awful

If you wish you could look or act like someone else

If you can't hear God's voice telling you how much He loves you

Because all you hear is that voice telling you how rotten you are

Those are symptoms of a dysfunctional relationship with yourself

God tells you to obey His commands & His command is love one another

Doesn't that include yourself?

If you say you love God how can you hate yourself

When you are made in God's image

You're hating a being made in image of God whom you say you love

You are denying His statement of love and opening yourself up

To the enemy to agree with you & gain power over you

Medical evidence now proves self hatred, self rejection

Self bitterness, low self esteem, guilt, condemnation, shame and guilt

Have a strong connection with diseases of the autoimmune system

Lupus, Crohn's, diabetes, rheumatoid arthritis and MS

Meaning diseases where the immune system attacks the person

Are caused by self hatred

Your immune system obeying your attitude & attempting to destroy you

Third dysfunctional relationship example is Cain

Adam & Eve had 2 sons, Cain & Abel

Genesis 4:3 So it happened after some time that Cain brought an offering of the fruit of the ground to ADONAI, 4 while Abel—he also brought of the firstborn of his flock and their fat portions. Now ADONAI looked favorably upon Abel and his offering,

5 but upon Cain and his offering He did not look favorably. Cain became very angry, and his countenance fell.

His anger was caused by envy of his brother

& his countenance fell meaning his anger showed on his face

6 Then ADONAI said to Cain, "Why are you angry? And why has your countenance fallen?

7 If you do well, it will lift. But if you do not do well, sin is crouching at the doorway. Its desire is for you, but you must master it.

God told Cain his countenance would lift if he did well

Meaning he'd find the same favor from God his brother did

By bringing an offering acceptable to God

8 Cain spoke to Abel his brother. While they were in the field, Cain rose up against Abel his brother and killed him

Why did Cain kill Abel? Iniquity - envious of the favor Abel found with God

Cain decided he would deal with his brother's favor

By obeying sin crouching at his door rather than God

Dysfunction in relationships with others is still incited today

By sin crouching at your door

Genesis is a very important book to help us understand the spirit world

So we can be effective in spiritual warfare

Bible personifies sin by giving it characteristics of a living being here

& also as the serpent that tempted Eve in Genesis 3

Hebrew word in vs. 7 usually translated crouching - rovetz—lies, lies at the door

What kind of being would lie at the door ready to strike? Serpent

Crouching misses the connection back to the serpent tempting Eve

This coiled being is not a being of flesh & blood but a spirit being, satan

Or one of satan's forces, fallen angels, demons

Moses was instructing us that an intelligent spirit being, satan or a demon

Is lying in wait to trap you, tempt you into doing evil

That being has a "desire for you" – it wants to master, control, use

Torment, destroy, weaken, deceive, kill you

But, vs. 7 also says

7 ... but you must master it.

Translation sounds like if you work hard at it you can master/rule over it

Doesn't sound like a command or a giving of authority

But a challenge you must face, you must master it

But, Hebrew doesn't say that, in Hebrew it's a command— atah t'm'ishal bo

You, rule over it!

Rule over, master, take charge over satan's forces that try to tempt you

What is lying at your door trying to master you?

Spirits of envy, jealousy, unforgiveness, bitterness, competition, hatred,

Anger, unloving, rejection, contention, lust, greed

Rabbi Sha'ul also wrote about personifying sin

Discussed sanctification – from the root kaddosh - separation from evil, sin

You need to separate your **identity** from sin

Romans 7:17 But now it is no longer "the real me" doing it, but the sin housed inside me.

Sha'ul is separating "the real me" from "the sin housed inside me"

18 For I know that there is nothing good housed inside me—that is, inside my **old nature**. I can want what is good, but I can't do it!

Sin in him is called his "old nature"

19 For I don't do the good I want; instead, the evil that I don't want is what I do!

20 But if I am doing what "the real me" doesn't want, it is no longer "the real me" doing it but the sin housed inside me.

Here Sha'ul says the real Sha'ul is his Godly, born again, new nature

His old nature is no longer his identity

Very important to be separating the real you from your sin nature

Enables you to seek deliverance, victory over that old nature without

Seeing it as self-destructive, you're not praying against your personality

Believers are often confused about how much you should trust your feelings

Here's a way feelings are very useful

When you are offended or in conflict with someone you get feelings

Our God-given feelings reveal problems

The problem does not necessarily belong to the person who has wronged you

You will always remember that person and what they did to you

But, you don't have to dwell on those thoughts of bitterness, anger

True forgiveness will remove these harmful thoughts

God can heal the pain of those experiences

So they don't continue to effect your life

I've put relationships into these 3 categories – others, God & yourself

But, you should also understand that they are very much inter-related

You can't have a godly relationship with yourself or other people

If you don't have a good relationship with God

You can't have a godly relationship with God or other people

If you don't have a good relationship with yourself

You can't have a godly relationship with God or yourself

If you don't have a good relationship with other people

So, once you're contrite, how do you hear from God about your

Secret sins, the ones you are not aware of but He knows all about?

Many people seek to hear from God in various ways

Before I came to Lord I was seeking God through unbiblical ways

Hallucinogenic Drugs – I thought they'd bring me to God

But instead they brought me to satan

Yoga taught me I had to practice strict disciplines, use correct technique

Great difficulty, hard work

Still remember the time I sat in the Lotus position so long I couldn't get up

When I came to the Lord I found it very different to hear from Him

Because God wants you to hear from Him & the creator of the universe

Is certainly **able** to communicate with you

How? Study the Word, sing, praise and worship Him, pray

Be in fellowship, be accountable

But to get in touch and hear from God about things you are not aware of

You need to do something I don't hear taught about much

You need to be quiet & listen for God's voice

Stop interceding for others, confessing, declaring for a while

Even though those are good things to do & there's a time for them

But focus on Him, listen for His still small voice

But, you need a very special inner attitude when you come to listen

From song "Let the Weight of Your Glory Cover Us"

I only seek Your face, and not His hand

When you come to God for a word of direction or insight

Or for healing or help with something

That's seeking His hand, seeking Him to do something for you

To hear from Him what He wants to say to you

You have to lay that aside and just seek His face

Coming before Him just to be with Him, without your own agenda

Willing to hear from Him say things you're not asking about

John 10:27 My sheep hear My voice, and I know them, and they follow Me.

That voice will not be physically audible, except on rare occasions

It will be thoughts coming into your mind

How can you tell if it's His voice & not satan's & not your own thoughts?

*Isaiah 55:8 For My thoughts are not your thoughts, nor are your ways My ways, Declares Adonai.
9“For as the heavens are higher than earth, so are My ways higher than your ways, and My thoughts than your thoughts.”*

Thoughts He puts in your mind will always be high thoughts
Thoughts of love, faith, courage, peace, patience, grace, mercy forgiveness
Higher than your own thoughts, from things you would expect
Your mind to come up with

Thoughts He puts in your mind will always be different from satan's
Higher than satan's because they will reflect His loving
Just, patient, righteous, holy hopeful, forgiving, restoring character

Jeremiah 29:13 And you will seek Me and find Me, when you search for Me with all your heart.

Bible teaches when you truly want to hear from Him
He will enable you to find Him

What do you do when you really want to find Him?
Take time to be alone with Him, quiet your thoughts, have no agenda
You can spend lots of time meditating on your plans

Ideas, scenarios that could result
Have to stop doing that & just listen for His voice

There are other ways of hearing from God

Joshua 1:8 This Book of the Law shall not depart from your mouth, but you shall meditate in it day and night, that you may observe to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success.

Meditating on Word, reading a passage, committing it to memory,
Imagining its action, thinking about it, asking God to reveal meaning
Talking about it to others

God can speak through another person, song, video, billboard, circumstance
When you've asked Him to reveal something to you
You need to be alert to it when He does

Pray to have your spiritual eyes & ears opened
Before you can hear from Him you also need to know how

To receive His correction without it destroying you

Often people cannot take correction because it threatens their sense of identity

Prayer

Thank you for appointing this time to deal with our secret sin, iniquity

Reveal to us our iniquity in our relationships

We recognize You want us to receive from Your Word, be led by Ruach Ha Kodesh

To pray with passion, to trust You, to experience Your love

Show us what needs to change in our relationship with You

Unbelief, ungodly fear of You being harsh, apathy

Ignorance of Your Word, believing You are distant, permissive

Show us what needs to change in our relationships with other people

Unforgiveness, resentment, anger, hatred, retaliation, revenge

Show us what needs to change in our relationships with our selves

Reveal any self hatred, self rejection, self bitterness, low self esteem, shame, guilt, condemnation

We repent of agreeing with any of these ungodly beliefs, attitudes

We receive Your forgiveness

We renounce this iniquity

We command the power of every one of these evil spirits to be broken over us

Unloving, permissiveness, ungodly fear, apathy, ignorance of Your word, unforgiveness, resentment, anger, hatred, retaliation, revenge, self hatred, self rejection, self bitterness, low self esteem, shame, guilt, condemnation

Help us to discern their voices & resist their return

Renew our minds
Grow our relationship with You