

Spiritual Disciplines

Developing Habits That Will Change Your Life

Week 1: The Benefit of Scripture

Scripture:

2 Timothy 3:16-17; James 1:21-25

Motivation (Why You Need to Know It):

What you love gets your *time* and *thoughts*.

1 Timothy 4:7 (ESV) ...train yourself for godliness; **8** for while bodily training is of some value, godliness is of value in every way, as it holds promise for the present life and also for the life to come.

Information (What You Need to Know):

The Bible is Beneficial in Your Life

2 Timothy 3:16 (ESV) All Scripture is breathed out by God and profitable for teaching, for reproof, for correction, and for training in righteousness...

▪ Inspired by God (God-breathed)

- ✓ Inspiration – that God divinely influenced the human authors of the Scriptures in such a way that what they wrote was the very Word of God
- ✓ Not man's words, but God's

2 Peter 1:20 (ESV) ...no prophecy of Scripture comes from someone's own interpretation. **21** For no prophecy was ever produced by the will of man, but men spoke from God as they were carried along by the Holy Spirit.

▪ Teaches you what is right (*teaching*)

Truth is determined by the Bible

▪ Teaches you what is wrong (*reproof*)

Reproof carries the idea of discipline for wrong behavior

▪ Teaches you how to get things right (*correction*)

▪ Teaches you how to keep things right (*training in righteousness*)

▪ Equips a person to do all that God demands (*equipped for every good works*)

2 Timothy 3:17 (ESV) that the man of God may be complete, equipped for every good work.

Bible Knowledge and Application is a Process

- Must be necessary to you

James 1:21 (ESV) Therefore put away all filthiness and rampant wickedness and receive with meekness the implanted word, which is able to save your souls.

- Must be believed and obeyed

James 1:22 (ESV) But be doers of the word, and not hearers only, deceiving yourselves. **23** For if anyone is a hearer of the word and not a doer, he is like a man who looks intently at his natural face in a mirror. **24** For he looks at himself and goes away and at once forgets what he was like.

- Must be continued in

James 1:25 (ESV) But the one who looks into the perfect law, the law of liberty, and perseveres, being no hearer who forgets but a doer who acts, he will be blessed in his doing.

Application (What You Need To Do):

Action Steps to Reading the Bible:

- Have a place
- Have a plan
- Have a pen