

“Rest in Him”
Sunday, July 26, 2020

Matthew 11:28-30

(NIV)

“Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.””

(TPT):

“Are you weary, carrying a heavy burden? Then come to me. I will refresh your life, for I am your oasis. Simply join your life with mine. Learn my ways and you’ll discover that I’m gentle, humble, easy to please. You will find refreshment and rest in me. For all that I require of you will be pleasant and easy to bear.””

-On the Seventh Day

- The significance of Seventh Day Rest and Sabbath

- Lord of the Sabbath

Luke 4:14-21 (NIV)

14“Jesus returned to Galilee in the power of the Spirit, and news about him spread through the whole countryside.

15He was teaching in their synagogues, and everyone

praised him. 16He went to Nazareth, where he had been

brought up, and on the Sabbath day he went into the synagogue, as was his custom. He stood up to read, 17and the scroll of the prophet Isaiah was handed to him. Unrolling it, he found the place where it is written: 18“The Spirit of the Lord is on me, because he has anointed me to proclaim good news to the poor. He has sent me to proclaim freedom for the prisoners and recovery of sight for the blind, to set the oppressed free, 19to proclaim the year of the Lord’s favor.” 20Then he rolled up the scroll, gave it back to the attendant and sat down. The eyes of everyone in the synagogue were fastened on him. 21He began by saying to them, “Today this scripture is fulfilled in your hearing.””

Matthew 12:1-14 (NIV)

1“At that time Jesus went through the grainfields on the Sabbath. His disciples were hungry and began to pick some heads of grain and eat them. 2When the Pharisees saw this, they said to him, “Look! Your disciples are doing what is unlawful on the Sabbath.” 3He answered, “Haven’t you read what David did when he and his companions were hungry? 4He entered the house of God, and he and his companions ate the consecrated bread—which was not lawful for them to do, but only for the priests. 5Or haven’t you read in the Law that the priests on Sabbath duty in the temple desecrate the Sabbath and yet are innocent? 6I tell you that something greater than the temple is here. 7If you had known what these words mean, ‘I desire mercy, not sacrifice,’ you would not have condemned the innocent. 8For the Son of Man is Lord of the Sabbath.” 9Going on from that place, he went into their

synagogue, 10and a man with a shriveled hand was there. Looking for a reason to bring charges against Jesus, they asked him, “Is it lawful to heal on the Sabbath?” 11He said to them, “If any of you has a sheep and it falls into a pit on the Sabbath, will you not take hold of it and lift it out? 12How much more valuable is a person than a sheep! Therefore it is lawful to do good on the Sabbath.” 13Then he said to the man, “Stretch out your hand.” So he stretched it out and it was completely restored, just as sound as the other. 14But the Pharisees went out and plotted how they might kill Jesus.”

-New Life, New Rest

-“Rest in Him”