

# HUNGRY

An open book with two pages visible, resting on a wooden surface. The pages contain faint, illegible text. Overlaid on the center of the book is the title 'Spiritually Hungry' in a large, bold, black sans-serif font. Below it, also centered, is the subtitle 'Awakening a Desire for God' in a slightly smaller, bold, black sans-serif font. The background is a soft, out-of-focus image of the book and the wood grain of the table.

# Spiritually Hungry

Awakening a Desire for God



# Hunger is universal

O God, you are my God; earnestly I seek you;  
**my soul thirsts for you; my flesh faints for you,**  
as in a dry and weary land where there is no water.

Psalm 63:1 (ESV)

Point 1: Hunger is a universal human experience

# Spiritual appetite

<sup>11</sup> Yet God has made everything beautiful for its own time. **He has planted eternity in the human heart**, but even so, people cannot see the whole scope of God's work from beginning to end.

Ecclesiastes 3:11 (NLT)

# Are you feeling spiritual hunger?

O God, you are my God; earnestly I seek you;  
my soul thirsts for you; my flesh faints for you,  
**as in a dry and weary land where there is no water.**

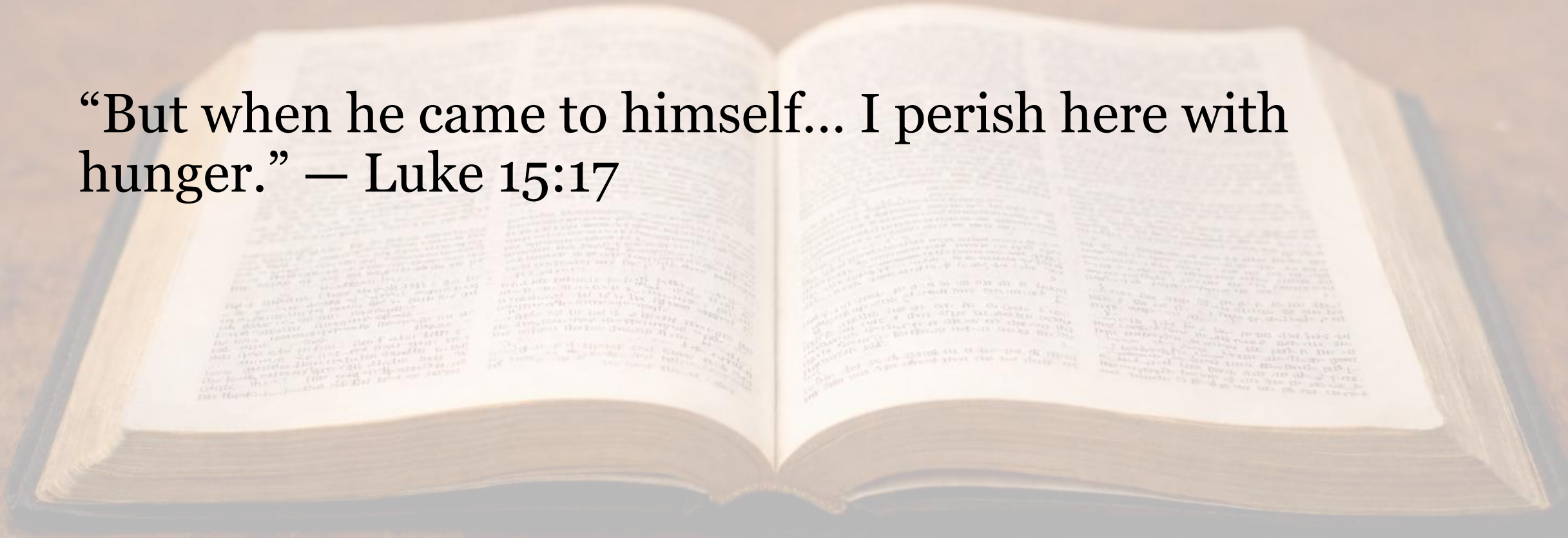
Psalm 63:1 (ESV)

**Point 2: Spiritual Hunger is Often Felt  
Before It Is Understood**



# The prodigal son

“But when he came to himself... I perish here with hunger.” — Luke 15:17



An open book with a dark cover lies flat on a wooden surface. The pages are filled with small, illegible text, likely a printed book. Overlaid on the center of the open book is a large, black, serif font quote. The quote reads: "Hunger is often God's *first language* to us—before clarity, before conviction, before change." The word "first" is italicized in the original image.

Hunger is often God's *first language* to us—before clarity, before conviction, before change.

# Psalm 106:8-13 – gv paraphrase

- **They saw** the miraculous in God's rescue from Egypt (vs 8-11)
- **They believed** His promises (vs 12)
- **They forgot** about the Lord (vs 13)

Point 3: Are we in danger of forgetting?

When we fast, we are intentionally pulling away from the physical to press into the spiritual



## Joel 2:12-13 (AMP)

“Even now,” says the LORD, “**Turn *and* come to Me with all your heart** [in genuine repentance], **With fasting and weeping and mourning** [until every barrier is removed and the broken fellowship is restored]; <sup>13</sup> Rip your heart to pieces [in sorrow and contrition] and not your garments.” **Now return [in repentance] to the LORD your God**, For He is gracious and compassionate, Slow to anger, **abounding in lovingkindness** [faithful to His covenant with His people]; **And He relents** [His sentence of] evil [**when His people genuinely repent**].

### 3. Let's not forget... God's love for us!

May you **experience** the love of Christ, **though it is too great to understand fully**. Then you will be made complete with all the fullness of life and power that comes from God.

Ephesians 3:19 (NLT)

# Awakening a desire for God

- Why? God created us for relationship with Him
- Will we give Him our whole heart, will we repent?
- Will we let God's love fill my heart again?