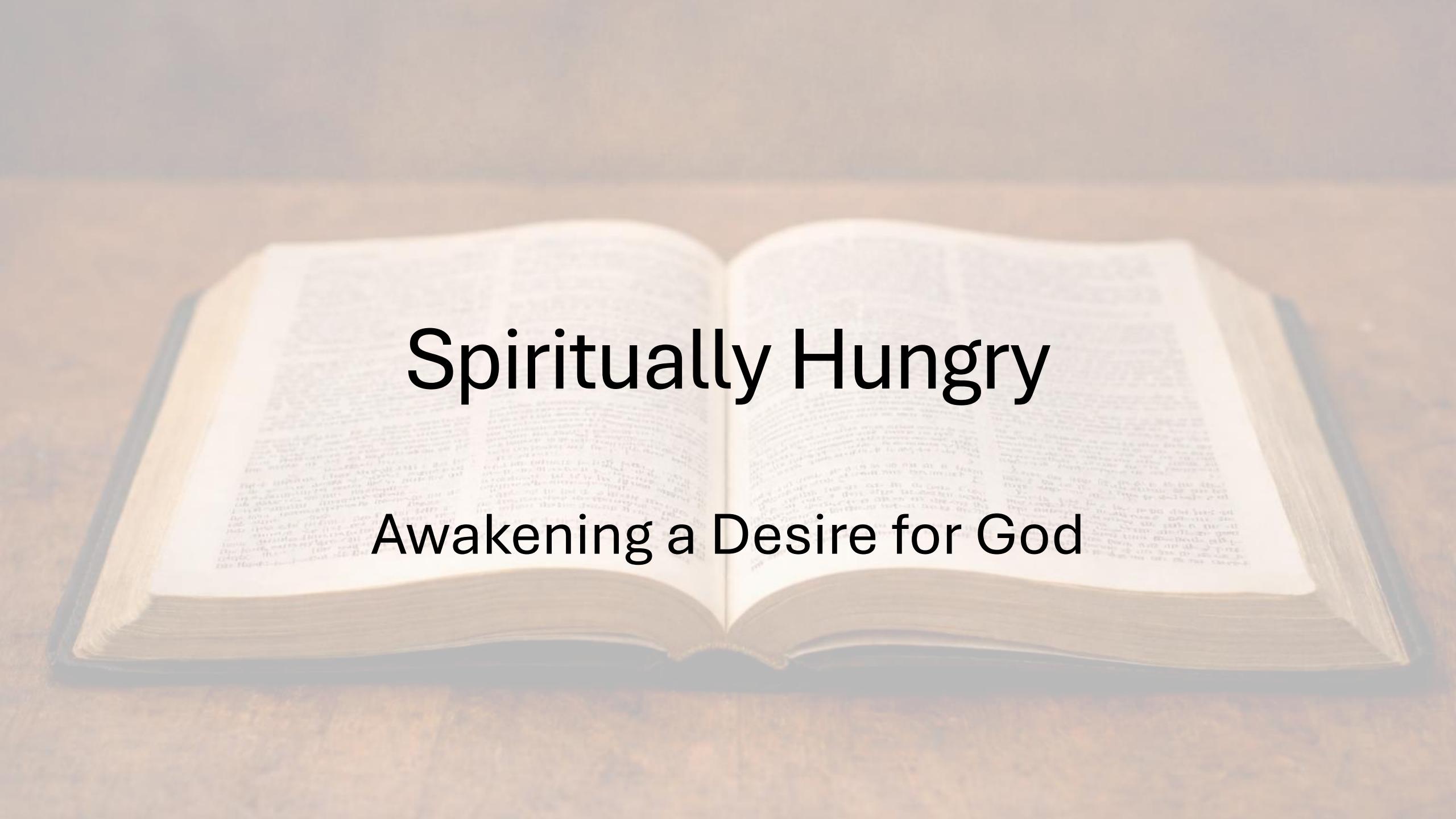


HUNGRY



Spiritually Hungry

Awakening a Desire for God

Hunger is universal

O God, you are my God; earnestly I seek you;
my soul thirsts for you; my flesh faints for you,
as in a dry and weary land where there is no water.

Psalm 63:1 (ESV)

Point 1: Hunger is a universal human experience

Spiritual appetite

11 Yet God has made everything beautiful for its own time. **He has planted eternity in the human heart**, but even so, people cannot see the whole scope of God's work from beginning to end.

Ecclesiastes 3:11 (NLT)

Are you feeling spiritual hunger?

O God, you are my God; earnestly I seek you;
my soul thirsts for you; my flesh faints for you,
as in a dry and weary land where there is no water.

Psalm 63:1 (ESV)

**Point 2: Spiritual Hunger is Often Felt
Before It Is Understood**

The prodigal son

“But when he came to himself... I perish here with hunger.” — Luke 15:17

Hunger is often God's *first language* to us—before clarity, before conviction, before change.

Psalm 106:8-13 – gv paraphrase

- They saw the miraculous in God's rescue from Egypt (vs 8-11)
- They believed His promises (vs 12)
- They forgot about the Lord (vs 13)

Point 3: Are we in danger of forgetting?

When we fast, we are intentionally
pulling away from the physical to press into the spiritual

Joel 2:12-13 (AMP)

“Even now,” says the LORD, “Turn *and* come to Me with all your heart [in genuine repentance], With fasting and weeping and mourning [until every barrier is removed and the broken fellowship is restored]; ¹³ Rip your heart to pieces [in sorrow and contrition] and not your garments.” Now return [in repentance] to the LORD your God, For He is gracious and compassionate, Slow to anger, abounding in lovingkindness [faithful to His covenant with His people]; And He relents [His sentence of] evil [when His people genuinely repent].

3. Let's not forget... God's love for us!

May you **experience** the love of Christ, **though it is too great to understand fully**. Then you will be made complete with all the fullness of life and power that comes from God.

Ephesians 3:19 (NLT)

Awakening a desire for God

- Why? God created us for relationship with Him
- Will we give Him our whole heart, will we repent?
- Will we let God's love fill my heart again?